

To: RNS  
Date: 28 March 2023  
Company: Target Healthcare REIT plc  
LEI: 213800RXPY9WULUSBC04  
Subject: PDMR Notification

Target Healthcare REIT plc announces that on 27 March 2023, Mr Richard Cotton, a non-executive Director of the Company, purchased 30,000 Ordinary Shares in the Company at a price of 67.0 pence per share.

Following this transaction, Mr Cotton holds 30,000 Ordinary Shares, representing approximately 0.005% of the issued share capital of the Company.

The notification below, made in accordance with the requirements of the Market Abuse Regulation, provides further detail.

**Notification and public disclosure of transactions by persons discharging managerial responsibilities and persons closely associated with them**

<b>1</b>	<b>Details of the person discharging managerial responsibilities / person closely associated</b>					
a)	Name	Richard Cotton				
<b>2</b>	<b>Reason for the notification</b>					
a)	Position/status	Non-executive Director				
b)	Initial notification /Amendment	Initial Notification				
<b>3</b>	<b>Details of the issuer or emission allowance market participant, auction platform, auctioneer or auction monitor</b>					
a)	Name	Target Healthcare REIT plc				
b)	LEI	213800RXPY9WULUSBC04				
<b>4</b>	<b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>					
a)	Description of the financial instrument, type of instrument  Identification code	Ordinary Shares  ISIN GB00BJGTLF51				
b)	Nature of the transaction	Acquisition of shares				
c)	Price(s) and volume(s)	<table border="1"> <tr> <td>Price(s)</td> <td>Volume(s)</td> </tr> <tr> <td>£0.67</td> <td>30,000</td> </tr> </table>	Price(s)	Volume(s)	£0.67	30,000
Price(s)	Volume(s)					
£0.67	30,000					
d)	Aggregated information  - Aggregated volume  - Price	30,000 Ordinary Shares  £20,100				
e)	Date of the transaction	27 March 2023				

f)	Place of the transaction	London Stock Exchange
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For further information please contact:

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