FALCON OIL & GAS LTD.

("Falcon")

Filing of Interim Financial Statements

24 May 2023 - Falcon Oil & Gas Ltd. (TSXV: FO, AIM: FOG) announces that it has filed its Interim Financial Statements for the three months ended 31 March 2023 and the accompanying Management s Discussion and Analysis ("MD&A").

The following should be read in conjunction with the complete unaudited unreviewed Interim Financial Statements and the accompanying MD&A for the three months ended 31 March 2023, which are available on the Canadian System for Electronic Document Analysis and Retrieval ("SEDAR") at www.sedar.com and on Falcon's website at www.falconoilandgas.com.

Q1 2023 Financial Highlights

- Strong financial position, debt free with cash of US\$16.3 million at 31 March 2023 (31 December 2022: US\$16.8 million).
- Continued focus on strict cost management and efficient operation of the portfolio.

CONTACT DETAILS:

 Falcon Oil & Gas Ltd.
 +353 1 676 8702

 Philip O'Quigley, CEO
 +353 87 814 7042

 Anne Flynn, CFO
 +353 1 676 9162

Cenkos Securities plc (NOMAD & Broker)

Neil McDonald / Derrick Lee +44 131 220 9771

Interim Condensed Consolidated Statement of Operations and Comprehensive Loss (Unaudited)

	Three months ended 31 March 2023	Three months ended 31 March 2022 \$ 000
	\$ 000	
Revenue		
Oil and natural gas revenue	-	
	-	-
Expenses		
Exploration and evaluation expenses	(43)	(40)
General and administrative expenses	(597)	(608)
Foreign exchange gain/(loss)	56	(45)
	(584)	(693)
Results from operating activities	(584)	(693)
Finance income	68	3
Finance expense	(144)	(60)
Net finance expense	(76)	(57)
Loss and comprehensive loss for the period	(660)	(750)
Loss and comprehensive loss attributable to:		
Equity holders of the company	(658)	(750)
Non-controlling interests	(2)	-
Loss and comprehensive loss for the period	(660)	(750)

Loss per share attributable to equity holders of the company:

Basic and diluted (\$0.001)

Interim Condensed Consolidated Statement of Financial Position (Unaudited)

	At 31 March 2023 \$ 000	At 31 December 2022 \$ 000
Assets		
Non-current assets		
Exploration and evaluation assets	42,979	42,977
Property, plant and equipment	6	7
Trade and other receivables	20	20
Restricted cash	2,146	2,090
	45,151	45,094
Current assets		
Cash and cash equivalents	16,269	16,785
Trade and other receivables	140	79
	16,409	16,864
Total assets	61,560	61,958
Equity and liabilities		
Equity attributable to owners of the parent		
Share capital	402,120	402,120
Contributed surplus	47,200	47,063
Deficit	(404,518)	(403,860)
	44,802	45,323
Non-controlling interests	699	701
Total equity	45,501	46,024
Liabilities		
Non-current liabilities		
Decommissioning provision	15,677	15,602
	15,677	15,602
Current liabilities		
Accounts payable and accrued expenses	382	332
	382	332
Total liabilities	16,059	15,934
Total equity and liabilities	61,560	61,958

Interim Condensed Consolidated Statement of Cash Flows (Unaudited)

Three months en	Three months ended 31 March	
2023	2022	
\$ 000	\$ 000	

Net loss for the period (660) (750)

Adjustments for:		
Share based compensation	137	136
Depreciation	1	2
Net finance expense	66	57
Effect of exchange rates on operating activities	(56)	45
Change in non-cash working capital:		
Increase in trade and other receivables	(61)	(89)
Increase in accounts payable and accrued expenses	51	30
Net cash used in operating activities	(522)	(569)
Cash flows from investing activities		
Interest received	78	3
Exploration and evaluation assets	(2)	(29)
Net cash generated by (used in) investing activities	76	(26)
Change in cash and cash equivalents	(446)	(595)
Effect of exchange rates on cash and cash equivalents	(70)	2
Cash and cash equivalents at beginning of period	16,785	8,894
Cash and cash equivalents at end of period	16,269	8,301

All dollar amounts in this document are in United States dollars "\$", except as otherwise indicated.

About Falcon Oil & Gas Ltd.

Falcon Oil & Gas Ltd is an international oil & gas company engaged in the exploration and development of unconventional oil and gas assets, with the current portfolio focused in Australia, South Africa and Hungary. Falcon Oil & Gas Ltd is incorporated in British Columbia, Canada and headquartered in Dublin, Ireland with a technical team based in Budapest, Hungary.

For further information on Falcon Oil & Gas Ltd. please visit www.falconoilandgas.com

Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

Certain information in this press release may constitute forward-looking information. This information is based on current expectations that are subject to significant risks and uncertainties that are difficult to predict. Actual results might differ materially from results suggested in any forward-looking statements. Falcon assumes no obligation to update the forward-looking statements, or to update the reasons why actual results could differ from those reflected in the forward looking-statements unless and until required by securities laws applicable to Falcon. Additional information identifying risks and uncertainties is contained in Falcon s filings with the Canadian securities regulators, which filings are available at www.sedar.com.