

10 October 2023

The Gym Group plc ("the Company")

Notification of transactions by Directors/PDMRs - The Gym Group plc Share Incentive Plan ("SIP")

The SIP is an all-employee share scheme under which each eligible participating employee can contribute from monthly salary to purchase ordinary shares in the Company 'Partnership Shares'. The Company matches this by awarding one 'Matching Share' for every one 'Partnership Share' purchased by a participating employee.

Link Market Services Trustees Limited, the trustees of the SIP, notified the Company that on 9 October 2023, Partnership Shares were acquired at a price of 109.8394 pence per share and the Company granted Matching Shares (for no consideration), to the following Directors/PDMRs as set out in the table below:

Director/PDMR	Number of Partnership Shares acquired under the SIP for the month	Number of Matching Shares acquired under the SIP for the month
Ann-marie Murphy	45	45

The notifications below, made in accordance with requirements of the EU Market Abuse Regulation, provide further details.

Notification and public disclosure of transactions by persons discharging managerial responsibilities ("PDMR") and persons closely associated with them

1	Details of the person discharging managerial responsibilities / person closely associated	
a)	Name	Ann-marie Murphy
2	Reason for the notification	
a)	Position/status	Chief Operating Officer
b)	Initial notification /Amendment	Initial Notification
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	The Gym Group plc
b)	LEI	213800VCU9TBANZIN455
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument Identification code	Ordinary Shares of 0.01 pence each ISIN: GB00BZBX0P70
b)	Nature of the transaction	1. Purchase of partnership shares under the SIP 2. Award of matching shares under the SIP
c)	Price(s) and volume(s)	

			Price(s)	Volume(s)	
		1.	109.8394p	45	
		2.	Nil	45	
d)	Aggregated information - Aggregated volume - Price - Aggregated volume - Price	1.	Partnership shares 45 109.8394p		
		2.	Matching shares 45 Nil		
e)	Date of the transaction	9 October 2023			
f)	Place of the transaction	London Stock Exchange XLON			

For further information, please contact:

The Gym Group:

John Trehame, Chair of the Board
Will Orr, CEO
Luke Tait, CFO
Katharine Wynne, Investor Relations

via Instinctif Partners

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