TR-1: Standard form for notification of major holdings

ISIN GB00BZBX0P70 Issuer Name THE GYM GROUP PLC UK or Non-UK Issuer UK

. Reason for Notification

Other

Comments

1. Issuer Details

Shares out on loan

. Details of person subject to the notification obligation

Name

Invesco Ltd.

City of registered office (if applicable)

Atlanta

Country of registered office (if applicable)

USA

I. Details of the shareholder

Full name of shareholder(s) if different from the person(s) subject to the notification obligation, above

City of registered office (if applicable)

Country of registered office (if applicable)

. Date on which the threshold was crossed or reached

10-Oct-2023

6. Date on which Issuer notified

11-Oct-2023

7. Total positions of person(s) subject to the notification obligation

	% of voting rights attached to shares (total of 8.A)	% of voting rights through financial instruments (total of 8.B 1 + 8.B 2)	Total of both in % (8.A + 8.B)	Total number of voting rights held in issuer
Resulting situation on the date on which threshold	4.997642	0.215029	5.212671	9313192

reached				
Position of previous notification (if applicable)	5.011375	0.201296	5.212671	

8. Notified details of the resulting situation on the date on which the threshold was crossed or reached

8A. Voting rights attached to shares

Class/Type of shares ISIN code(if possible)	Number of direct voting rights (DTR5.1)	Number of indirect voting rights (DTR5.2.1)		% of indirect voting rights (DTR5.2.1)
GB00BZBX0P70		8929012		4.997642
Sub Total 8.A	8929012	•	4.9976429	%

8B1. Financial Instruments according to (DTR5.3.1R.(1) (a))

Type of financial instrument	Expiration date	Exercise/conversion period	Number of voting rights that may be acquired if the instrument is exercised/converted	% of voting rights
loan			384180	0.215029
Sub Total 8.B1			384180	0.215029%

8B2. Financial Instruments with similar economic effect according to (DTR5.3.1R.(1) (b))

Type of financial instrument	Expiration date	Exercise/conversion period	Physical or cash settlement	Number of voting rights	% of voting rights
Sub Total 8.B2					

9. Information in relation to the person subject to the notification obligation

 Full chain of controlled undertakings through which the voting rights and/or the financial instruments are effectively held starting with the ultimate controlling natural person or legal entities (please add additional rows as necessary)

Ultimate controlling person	Name of controlled undertaking		% of voting rights through financial instruments if it equals or is higher than the notifiable threshold	Total of both if it equals or is higher than the notifiable threshold
Invesco Ltd.	Invesco Asset Management Limited	4.997642	0.215029	5.212670%

10. In case of proxy voting

Name of the proxy holder

The number and % of voting rights held

The date until which the voting rights will be held

11. Additional Information

Refer to section 9 for detail of proxy holders' and % of voting rights held. Voting authority is held until it is revoked by the client / the relevant Investment Management Agreement is terminated.

12. Date of Completion



3. Place Of Completion

Henley-on-Thames

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