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07 December 2023

**UPLAND RESOURCES LIMITED
("Upland" or the "Company")**

Notice of 2023 Annual General Meeting (2023 AGM)

Upland Resources Limited (LSE: UPL) hereby gives Notice that the 2023 AGM will be held at 11am GMT on 29 December 2023 in the Dunstan Den room at the Canopy by Hilton 11-15 Minories Street, London EC3N 1AX

The Notice of the 2023 Annual General Meeting and the Form of Proxy (2023 AGM Circular) is being posted. The 2023 Notice is also available on the Company's website and can be downloaded from www.upland.energy/Investors/Circulars. The Proxy will be added to website shortly.

The 2023 AGM Circular has also been submitted to the National Storage Mechanism and will be available shortly at <http://www.morningstar.co.uk/uk/NSM>

****ENDS****

For further information, please contact:

Upland Resources Limited Bolhassan Di, Chairman and CEO	Tel: +60 198 861 919 bolhassan@uplandbigoil.com.my gerry.murray@upland.energy
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