

8 December 2023

**The Gym Group plc ("the Company")**

**Notification of transactions by a Director/PDMR - The Gym Group plc Share Incentive Plan ("SIP")**

The SIP is an all-employee share scheme under which each eligible participating employee can contribute from monthly salary to purchase ordinary shares in the Company 'Partnership Shares'. The Company matches this by awarding one 'Matching Share' for every one 'Partnership Share' purchased by a participating employee.

Link Market Services Trustees Limited, the trustees of the SIP, notified the Company that on 7 December 2023, Partnership Shares were acquired at a price of 100.8 pence per share and the Company granted Matching Shares for no consideration, to the following Director/PDMR:

Director/PDMR	Number of Partnership Shares acquired under the SIP for the month	Number of Matching Shares acquired under the SIP for the month
Ann-marie Murphy (Chief Operating Officer)	49	49

Also on 7 December 2023, Ann-marie Murphy sold 2,370 Partnership Shares at a price of 100.5402 pence per share and forfeited 1,092 Matching Shares under the Company's SIP.

The notifications below, made in accordance with requirements of the EU Market Abuse Regulation, provide further details.

**Notification and public disclosure of transactions by persons discharging managerial responsibilities ("PDMR") and persons closely associated with them**

<b>1</b>	<b>Details of the person discharging managerial responsibilities / person closely associated</b>	
a)	Name	Ann-marie Murphy
<b>2</b>	<b>Reason for the notification</b>	
a)	Position/status	Chief Operating Officer
b)	Initial notification /Amendment	Initial Notification
<b>3</b>	<b>Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor</b>	
a)	Name	The Gym Group plc
b)	LEI	213800VCU9TBANZIN455
<b>4</b>	<b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>	
a)	Description of the financial instrument, type of instrument	Ordinary Shares of 0.01 pence each
	Identification code	ISIN: GB00BZBX0P70
b)	Nature of the transaction	1. Purchase of partnership shares under the SIP 2. Award of matching shares under the SIP

c)	Price(s) and volume(s)	Price(s)	Volume(s)				
		1. 100.8 p	49				
		2. Nil	49				
d)	Aggregated information	<table border="1"> <tr> <td>1. Partnership shares</td> <td>49</td> </tr> <tr> <td>100.8 p</td> <td></td> </tr> </table>		1. Partnership shares	49	100.8 p	
1. Partnership shares	49						
100.8 p							
	- Aggregated volume						
	- Price						
	- Aggregated volume	<table border="1"> <tr> <td>2. Matching shares</td> <td>49</td> </tr> <tr> <td>Nil</td> <td></td> </tr> </table>		2. Matching shares	49	Nil	
2. Matching shares	49						
Nil							
	- Price						
e)	Date of the transaction	7 December 2023					
f)	Place of the transaction	London Stock Exchange XLON					
<b>5 Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>							
a)	Description of the financial instrument, type of instrument	Ordinary Shares of 0.01 pence each					
	Identification code	ISIN: GB00BZBX0P70					
b)	Nature of the transaction	<table border="1"> <tr> <td>1. Sale of partnership shares under the SIP</td> </tr> <tr> <td>2. Forfeiture of matching shares under the SIP</td> </tr> </table>		1. Sale of partnership shares under the SIP	2. Forfeiture of matching shares under the SIP		
1. Sale of partnership shares under the SIP							
2. Forfeiture of matching shares under the SIP							
c)	Price(s) and volume(s)	Price(s)	Volume(s)				
		1. 100.5402p	2,370				
		2. Nil	1,092				
d)	Aggregated information	<table border="1"> <tr> <td>1. Partnership shares</td> <td>2,370</td> </tr> <tr> <td>100.5402p</td> <td></td> </tr> </table>		1. Partnership shares	2,370	100.5402p	
1. Partnership shares	2,370						
100.5402p							
	- Aggregated volume						
	- Price						
	- Aggregated volume	<table border="1"> <tr> <td>2. Matching shares</td> <td>1,092</td> </tr> <tr> <td>Nil</td> <td></td> </tr> </table>		2. Matching shares	1,092	Nil	
2. Matching shares	1,092						
Nil							
	- Price						
e)	Date of the transaction	7 December 2023					
f)	Place of the transaction	London Stock Exchange XLON					

**For further information, please contact:**

**The Gym Group:**

John Treharne, Chair of the Board  
Will Orr, CEO  
Luke Tait, CFO  
Krishan Pandit, Company Secretary

**via Instinctif Partners**

**Instinctif Partners (Financial PR):**

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