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2 January 2024

The Gym Group plc ("The Gym Group")

Notice of Pre-close Trading Update

Leading low-cost gym operator, The Gym Group plc, announces that it will publish a pre-close trading update for the year ending 31 December 2023 on Wednesday, 10 January 2024.

For further information, please contact:

The Gym Group Will Orr, CEO Luke Tait, CFO Katharine Wynne, Investor Relations via Instinctif

Instinctif Partners (Financial PR)

Justine Warren Matthew Smallwood Joe Quinlan +44 (0)20 7457 2020

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