

IMPACT HEALTHCARE REIT PLC

(the "Company")

PDMR Notification

1 February 2024

The Company, announces that on 31 January 2024, Amanda Aldridge, Non-Executive Director of the Company, acquired 20,000 ordinary shares in the Company ("Ordinary Shares").

Following the above acquisition of shares, Amanda Aldridge holds 20,000 Ordinary Shares in the Company, representing approximately 0.0048% of the Company's issued Ordinary Share Capital.

The notification below, made in accordance with the requirements of the UK Market Abuse Regulation, provides further detail.

Notification and public disclosure of transactions by persons discharging managerial responsibilities and persons closely associated with them

1	Details of the person discharging managerial responsibilities ("PDMR") / person closely associated ("PCA")						
a)	Name	Amanda Aldridge					
2	Reason for the notification						
a)	Position/status	PDMR Non-Executive Director					
b)	Initial notification /Amendment	Initial notification					
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor						
a)	Name	Impact Healthcare REIT PLC					
b)	LEI	213800AX3FHPMJL4IJ53					
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted						
a)	Description of the financial instrument, type of instrument	Ordinary Shares					
	Identification code	ISIN: GB00BYXV/MJ03					
b)	Nature of the transaction	Purchase					
c)	Price(s) and volume(s)	<table><tr><td>Price(s)</td><td>Volume(s)</td></tr><tr><td>86.466 pence</td><td>20,000</td></tr></table>		Price(s)	Volume(s)	86.466 pence	20,000
Price(s)	Volume(s)						
86.466 pence	20,000						
d)	Aggregated information						
	- Aggregated volume	20,000 ordinary shares in aggregate					
	- Price	£17,293.20					
e)	Date of the transaction	31/01/2024					
f)	Place of the transaction	London Stock Exchange					

By order of the Board
Impact Healthcare REIT PLC

JTC (UK) Limited - Company Secretary

Christopher Gibbons

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