

15 March 2024

**The Gym Group Plc  
(the 'Company')**

**Publication of 2023 Annual Report and Accounts**

Following the announcement on 13 March 2023 of its full year results for the year ended 31 December 2023 (RNS: 5976G), the Company announces that it has published the 2023 Annual Report and Accounts ("2023 Annual Report") on the Company's website: <https://www.tggplc.com/>.

In accordance with Listing Rule 9.6.1 R, the 2023 Annual Report has also been submitted to the National Storage Mechanism and will shortly be available for inspection at <https://data.fca.org.uk/#/nsm/nationalstoragemechanism>.

The Company confirms that, in compliance with DTR 6.3.5 R (1A), the regulated information required under DTR 6.3.5, is available in unedited full text within the 2023 Annual Report available on the National Storage Mechanism and in compliance with DTR 6.3.5 (3) is available on the Company's website (see above).

**For further information, please contact:**

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