MANCHESTER AND LONDON INVESTMENT TRUST PLC

Notification of Transactions by Persons Discharging Managerial Responsibilities and Persons Closely Associated with them

1	Details of the person discharging managerial responsibilities / person closely associated				
a)	Name	Mark Sheppard			
2	Reason for the notification				
a)	Position/status	PDMR (Investment Manager)			
b)	Initial notification/ Amendment	Initial Notification			
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor				
a)	Name	Manchester and London Investment Trust plc			
b)	LEI	213800HMBZXULR2EEO10			
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted				
a)	Description of the financial instrument, type of instrument	Ordinary Shares of £0.25 each			
	Identification code	ISIN: GB0002258472			
b)	Nature of the transaction	Purchase of Shares			
c)	Price(s) and volume(s)	Price(s)	Volume(s)		
		£7.19	1,185		
d)	Aggregated information				
	- Aggregated volume	1,185			
	- Price	£8,520.15			
e)	Date of the transaction	6 June 2024			
f)	Place of the transaction	London Stock Exchange (XLON)		

1	Details of the person discharging managerial responsibilities / person closely associated		
a)	Name	Freya Sheppard	
2	Reason for the notification		
a)	Position/status	PCA of Mark Sheppard, Investment Manager	
b)	Initial notification/ Amendment	Initial Notification	

3	Details of the issuer, emission allowance market participant, auction			
	platform, auctioneer or auction monitor			
a)	Name	Manchester and London Investment Trust plc		
b)	LEI	213800HMBZXULR2EEO10		
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted			
a)	Description of the financial instrument, type of instrument	Ordinary Shares of £0.25 each		
	Identification code	ISIN: GB0002258472		
b)	Nature of the transaction	Purchase of Shares		
c)	Price(s) and volume(s)	Price(s)	Volume(s)	
		£7.19	139	
		£7.19	418	
		£7.19	418	
d)	Aggregated information			
	- Aggregated volume	975		
	- Price	£7,010.25		
e)	Date of the transaction	6 June 2024		
	Place of the transaction	London Stock Exchange (XLON)		

1	Details of the person discharging managerial responsibilities / person closely associated		
a)	Name	Helena Sheppard	
2	Reason for the notification		
a)	Position/status	PCA of Mark Sheppard, Investment Manager	
b)	Initial notification/ Amendment	Initial Notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Manchester and London Investment Trust plc	
b)	LEI	213800HMBZXULR2EEO10	
4	Details of the transaction(s):	section to be repeated for (i) each type of	

	instrument; (ii) each type of where transactions have be		te; and (iv) each place
a)	Description of the financial instrument, type of instrument	Ordinary Shares of £0.25 each	
	Identification code	ISIN: GB0002258472	
b)	Nature of the transaction	Purchase of Shares	
c)	Price(s) and volume(s)	Price(s)	Volume(s)
		£7.19	278
		£7.19	418
		£7.19	418
d)	Aggregated information		
	- Aggregated volume	1114	
	- Price	£8,009.66	
e)	Date of the transaction	6 June 2024	
f)	Place of the transaction	London Stock Exchange (XLON)	

Name of authorised official of issuer responsible for making notification

Link Company Matters, Company Secretary

Tel: 0333 300 1950