

27 June 2024

**The Gym Group plc**  
**("The Gym Group" or "the Group")**  
**ESG Webinar**

Leading low-cost gym operator, The Gym Group plc, will this afternoon hold an ESG webinar for investors, covering its ESG strategy and how this supports the Next Chapter growth plan. It will be a presentation introduced by CEO Will Orr, followed by Q&A, commencing at 2.15pm and concluding at approximately 3.30pm.

No material new financial information will be provided at this online event. The webinar will be recorded and will be available on the Group's website after the event. The Gym Group will provide an update on its financial performance for the six months ended 30 June 2024 on 10 July 2024.

Those wishing to join the webinar should contact Instinctif Partners via [TheGymGroupCapMkts@instinctif.com](mailto:TheGymGroupCapMkts@instinctif.com)

**For further information, please contact:**

**Instinctif Partners (Financial PR)**

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Justine Warren

Joe Quinlan

**Notes for editors:**

The Gym Group was a pioneer of the low-cost gym model, and now operates 237 high quality sites across the UK. These gyms offer 24/7 opening and flexible, no-contract membership. As at 30 December 2023 there were 850,000 members nationwide. Our gyms have over 60 million visits per annum, score highly on member satisfaction and are consistently rated "excellent" on Trustpilot. The Gym Group is the UK's first carbon neutral chain of gyms.

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