

5 July 2024

The Gym Group plc (the "Company")

Block Listing Application

The Gym Group plc announces that an application has been made to the Financial Conduct Authority and the London Stock Exchange for an extension to the Company's existing block listing in respect of the Company's Share Incentive Plan, for an additional 100,000 ordinary shares of 0.01 pence each in the Company ("**Shares**") to be admitted to the premium listing segment of the Official List of the FCA and to trading on the London Stock Exchange's main market for listed securities.

The application is being made in respect of Shares that will be issued from time to time by the Company under the terms of The Gym Group plc Share Incentive Plan. When issued, the Shares will rank pari passu in all respects with the existing issued ordinary shares of the Company.

Admission is expected to become effective at 8:00a.m. on 8 July 2024.

For further information, please contact:

The Gym Group:
Will Orr, CEO
Luke Tait, CFO
Krishan Pandit, Company Secretary

via Instinctif Partners

Instinctif Partners (Financial PR):
Justine Warren
Matthew Smallwood
Joe Quinlan

Tel: +44 (0)20 7457 2020

This information is provided by RNS, the news service of the London Stock Exchange. RNS is approved by the Financial Conduct Authority to act as a Primary Information Provider in the United Kingdom. Terms and conditions relating to the use and distribution of this information may apply. For further information, please contact ms@seg.com or visit www.ms.com.

RNS may use your IP address to confirm compliance with the terms and conditions, to analyse how you engage with the information contained in this communication, and to share such analysis on an anonymised basis with others as part of our commercial services. For further information about how RNS and the London Stock Exchange use the personal data you provide us, please see our [Privacy Policy](#).

END

ALSVELBBZDLXBBV