



17 July 2024

Helium One Global Ltd
("Helium One" or "the Company")

Directors Dealings

Helium One Global (AIM: HE1), the primary helium explorer in Tanzania, was informed today that Sarah Cope, Non-Executive Director, had transferred her shares in Helium One into her ISA account. On 16 July 2024 Ms Cope sold 1,495,857 shares at 1.22 pence and purchased (into her ISA) 1,495,857 shares at 1.221 pence per share. Ms Cope remains interested in a total of 1,495,857 shares.

For further information please visit the Company's website: www.helium-one.com

Contact

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Notes to Editors

Helium One Global, the AIM-listed Tanzanian explorer, holds prospecting licences across three distinct project areas, with the potential to become a strategic player in resolving a supply-constrained helium market.

The Rukwa, Balangida, and Eyasi projects are located within rift basins on the margin of the Tanzanian Craton in the north and southwest of the country. The assets lie near surface seeps with helium concentrations ranging up to 10.6% helium by volume. All Helium One's licences are held on a 100% equity basis.

The Company's flagship southern Rukwa Project is located within the Rukwa Rift Basin covering 1,900km² in south-west Tanzania. This project is considered to be entering an appraisal stage following the success of the 2023/24 drilling campaign, which has proved an established helium system where the Itumbula West-1 exploration well successfully flowed 4.7% helium to surface in Q1 2024. Additional follow-on leads and prospects are defined by subsurface database including multispectral satellite spectroscopy, airborne gravity gradiometry, 2D seismic data, and QEMSCAN analysis.

Helium One is listed on the AIM market of the London Stock Exchange with the ticker of HE1 and on the OTCQB in the United States with the ticker HLOGF.

APPENDIX

DEALING NOTIFICATION FORM

FOR USE BY PERSONS DISCHARGING MANAGERIAL RESPONSIBILITY AND THEIR CLOSELY ASSOCIATED PERSONS

1	Details of the person discharging managerial responsibilities/person closely associated	
a.	Name	Sarah Cope
2	Reason for notification	
a.	Position/Status	Senior Independent Non-Executive Director

b.	Initial notification/ Amendment	Initial					
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor						
a.	Name	Helium One Global Limited					
b.	LEI	213800J96OENDQKNQZ60					
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted						
a.	Description of the financial instrument, type of instrument Identification Code	Ordinary Shares of nil par value each ISIN: VGG4392T1075					
b.	Nature of the transaction	Sale of Ordinary Shares					
c.	Price(s) and volume(s)	<table><tr><td>Price(s)</td><td>Volume(s)</td></tr><tr><td>1.22p</td><td>1,495,857</td></tr></table>		Price(s)	Volume(s)	1.22p	1,495,857
Price(s)	Volume(s)						
1.22p	1,495,857						
d.	Aggregated information - Aggregated Volume - Price	N/A					
e.	Date of the transaction	16 July 2024					
f.	Place of the transaction	LSE					

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4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted						
a.	Description of the financial instrument, type of instrument Identification Code	Ordinary Shares of nil par value each ISIN: VGG4392T1075					
b.	Nature of the transaction	Purchase of Ordinary Shares					
c.	Price(s) and volume(s)	<table><tr><td>Price(s)</td><td>Volume(s)</td></tr><tr><td>1.221p</td><td>1,495,857</td></tr></table>		Price(s)	Volume(s)	1.221p	1,495,857
Price(s)	Volume(s)						
1.221p	1,495,857						
d.	Aggregated information - Aggregated Volume - Price	N/A					
e.	Date of the transaction	16 July 2024					
f.	Place of the transaction	LSE					

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