

Totally plc
("Totally", "the Company" or "the Group")

Notice of Preliminary Results and Investor Presentation

Totally plc (AIM: TLY), a leading provider of frontline healthcare services, corporate fitness and wellbeing services across the UK and Ireland, will announce its preliminary results for the 12-month period ended 31 March 2024 on Wednesday, 24 July 2024.

The Company is pleased to announce that Wendy Lawrence - Chief Executive Officer, Simon Stilwell - Non-Executive Chairman and Laurence Goldberg - Director of Finance will provide a live presentation relating to the Company's preliminary results via the Investor Meet Company platform, which will take place at 11:30 am (BST) on Wednesday, 24 July 2024.

The online presentation is open to all existing and potential investors and will consist of a presentation followed by a Q&A session, held on the Investor Meet Company platform.

Investors can sign up to Investor Meet Company for free and then click "Add to meet" Totally plc via the following link to join the webinar:

<https://www.investormeetcompany.com/totally-plc/register-investor>

Investors who have already registered and clicked "Add to meet" Totally plc, will be automatically invited.

- Investors are encouraged to submit questions pre-event via the Investor Meet Company Platform, once registered.
- Questions can be submitted pre-event via the "Ask a Question" function located on your Investor Meet Company dashboard, in addition questions can be submitted during the live event.
- Whilst the Company will not be in a position to answer every question it receives, it will address the most prominent within the confines of information already disclosed to the market through regulatory notifications.
- Responses to the Q&A will be published at the earliest opportunity on the Investor Meet Company platform.
- Investor feedback can also be submitted post the event on the Investor Meet Company platform to ensure the Company can understand the views of all elements of its shareholder base.

For further information please contact:

Totally plc	020 3866 3330
Simon Stilwell, Non-Executive Chairman	
Wendy Lawrence, Chief Executive Officer	

Canaccord Genuity Limited (Nominated Advisor & Sole Corporate Broker)	020 7523 8000
Bobbie Hilliam / Harry Rees	

Notes to editors

About Totally

Totally is a leading provider of healthcare and wellbeing services across the UK and Ireland, working in partnership with the NHS, other healthcare providers and corporate customers to help address the challenges of increased demand for healthcare services.

Totally helps healthcare commissioners and hospitals ensure patients can access the most appropriate care quickly and efficiently by delivering quality urgent care services, such as NHS 111 and urgent treatment centres, elective care services including insourcing, outsourcing and elective care delivered via 'Any Qualified provider', as well as community dermatology clinics; and therapy servicing including first contact practitioner and a full physiotherapy and podiatry offering. Our corporate customer services also play a role in reducing reliance on healthcare by promoting healthy lifestyles and physical and mental health.

Healthcare services

Urgent Care: Totally's urgent care services are delivered under the Totally Urgent Care brand, by Vocare and Greenbrook Healthcare. Both businesses have a strong heritage and have been delivering quality urgent care services including NHS 111, GP Out of Hours and Urgent Treatment centres on behalf of the NHS for more than 25 years and 15 years respectively.

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Elective care: Totally's elective care services are delivered by Pioneer Healthcare, About Health and Premier Physical Healthcare.

- Pioneer Healthcare was established in 2007 and delivers a wide range of acute services to NHS patients, in partnership with independent healthcare sector private hospitals across England, to help the NHS reduce waiting lists whilst maintaining patient care and quality. Pioneer offer services through insourcing and outsourcing agreements and through its Any Qualified Provider status.
- About Health has been delivering community-based specialist care with a focus on delivering prompt assessment and treatment across the country since 2008.
- Premier Physical Healthcare was established in 2007 and provides physiotherapy and podiatry services to NHS patients, often within a community GP practice, and to the prison service.

Corporate wellbeing services

Energy Fitness Professionals ("EFP"): EFP is a corporate fitness provider established in 1990 to address a gap in the market for workplace fitness, which has grown to offer a range of services covering workplace wellbeing. EFP manages 62 gyms on behalf of its corporate customers, with more than 11,000 members.

For more information visit www.totallyplc.com

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