

24 July 2024

Totally plc
("Totally", "the Company" or "the Group")

Directorate Changes

Totally plc (AIM: TLY), a leading provider of frontline healthcare services, corporate fitness and wellbeing services across the UK and Ireland, is pleased to announce the appointment of Bob Forsyth to the Totally Board of Directors with effect from 25 July 2024.

Bob Forsyth will join the Board as a Non-Executive Director, Chair of the Audit Committee and member of the Remuneration and Nominations Committees.

Bob is currently the Chair of London's Air Ambulance, the global leader in Helicopter Emergency Medical Services (HEMS) and a leader in pre-hospital innovation. Prior to this he was the Audit & Risk Chair of London's Air Ambulance and has been the Audit & Risk Chair for Ernst & Young's ("EY") pension scheme since 2022. Until June 2023, he was a listed audit partner with EY advising on the governance of FTSE250, small cap and AIM-listed businesses and also led transformational change programmes, including cultural change and delivering improved performance. As an audit partner he advised many listed businesses on governance and capital market transactions.

Following the above appointment and in line with best corporate governance practice, having spent nine years as a Non-Executive Director, Mike Rogers, Non-Executive Director has notified the Company that he will step off the Board with effect from 24 July 2024.

Wendy Lawrence, Chief Executive Officer, commented:

"Bob brings significant experience that will benefit Totally and I am very pleased to welcome him to the Board. I would also like to take this opportunity to thank Mike for his contribution to the business over the last nine years."

Additional Information

Robert Gordon Neil Stewart Forsyth, age 65, is currently or has been a Director of the following companies within the past five years:

Current Directorships	Previous Directorships
E&Y Trustees Limited	London's Air Ambulance Trading Limited
London's Air Ambulance Limited	Ernst & Young LLP
My Wine Cellar Ltd	

For further information please contact:

Totally plc	020 3866 3330
Simon Stilwell, Non-Executive Chairman	
Wendy Lawrence, Chief Executive Officer	
Canaccord Genuity Limited (Nominated Advisor & Sole Corporate Broker)	020 7523 8000
Bobbie Hilliam / Harry Rees	

Notes to editors

About Totally

Totally is a leading provider of healthcare and wellbeing services across the UK and Ireland, working in partnership with the NHS, other healthcare providers and corporate customers to help address the challenges of increased demand for healthcare services.

Totally helps healthcare commissioners and hospitals ensure patients can access the most appropriate care quickly and efficiently by delivering quality urgent care services, such as NHS 111 and urgent treatment centres, elective care services including insourcing, outsourcing and elective care delivered via 'Any Qualified provider', as well as community dermatology clinics; and therapy servicing including first contact practitioner and a full physiotherapy and podiatry offering. Our corporate customer services also play a role in reducing reliance on healthcare by promoting healthy lifestyles and physical and mental health.

Healthcare services

Urgent Care: Totally's urgent care services are delivered under the Totally Urgent Care brand, by Vocare and Greenbrook Healthcare. Both businesses have a strong heritage and have been delivering quality urgent care services including NHS 111, GP Out of Hours and Urgent Treatment centres on behalf of the NHS for more than 25 years and 15 years respectively.

Elective care: Totally's elective care services are delivered by Pioneer Healthcare, About Health and Premier Physical Healthcare.

healthcare.

- Pioneer Healthcare was established in 2007 and delivers a wide range of acute services to NHS patients, in partnership with independent healthcare sector private hospitals across England, to help the NHS reduce waiting lists whilst maintaining patient care and quality. Pioneer offer services through insourcing and outsourcing agreements and through its Any Qualified Provider status.
- About Health has been delivering community-based specialist care with a focus on delivering prompt assessment and treatment across the country since 2008.
- Premier Physical Healthcare was established in 2007 and provides physiotherapy and podiatry services to NHS patients, often within a community GP practice, and to the prison service.

Corporate wellbeing services

Energy Fitness Professionals ("EFP"): EFP is a corporate fitness provider established in 1990 to address a gap in the market for workplace fitness, which has grown to offer a range of services covering workplace wellbeing. EFP manages 62 gyms on behalf of its corporate customers, with more than 13,000 members.

For more information visit www.totallyplc.com

This information is provided by RNS, the news service of the London Stock Exchange. RNS is approved by the Financial Conduct Authority to act as a Primary Information Provider in the United Kingdom. Terms and conditions relating to the use and distribution of this information may apply. For further information, please contact rs@seg.com or visit www.ms.com.

RNS may use your IP address to confirm compliance with the terms and conditions, to analyse how you engage with the information contained in this communication, and to share such analysis on an anonymised basis with others as part of our commercial services. For further information about how RNS and the London Stock Exchange use the personal data you provide us, please see our [Privacy Policy](#).

END

BOARJMMTMTATTFI