

2 August 2024

Totally plc

("Totally", "the Company" or "the Group")

Directorate Changes

Totally plc (AIM: TLY), a leading provider of frontline healthcare services, corporate fitness and wellbeing services across the UK and Ireland, is pleased to announce the appointment of Laurence Goldberg to the Totally Board of Directors with immediate effect.

Laurence joined Totally in 2022 as Director of Finance. He has a career in finance spanning more than 35 years, with ten years at Director level. Most recently, Laurence has held Finance Director roles in Private equity and energy start-ups, including WM5G, and Tonik Energy, building upon previous roles at EON, Virgin Media and Lloyds Bank where he qualified as an accountant.

He also volunteers as the Treasurer & Member of the Trustee Board for the Institute of Money Advisers.

Wendy Lawrence, Chief Executive Officer, commented:

"On behalf of the Board, I am very pleased to welcome Laurence as a Director of the Company. He has been with Totally since 2022 and has been integral to the smooth running of the finance department and audit process. His experience and leadership skills will help drive our strategy and growth ambitions."

Additional Information

Details in respect of Laurence Goldberg, as required pursuant to Rule 17 and Schedule 2(g) of the AIM Rules for Companies, are as set out below.

Laurence James Goldberg, age 59, is currently or has been a Director of the following companies within the past five years:

Current Directorships

INSTITUTE OF MONEY ADVISERS
LAUREL ACCOUNTANCY LTD

Previous Directorships

BEDROCK COMMERCIAL LTD
BEDROCK CO-LIVING LTD

For further information please contact:

Totally plc
Wendy Lawrence, Chief Executive Officer
Simon Stilwell, Chair

020 3866 3330

Canaccord Genuity Limited (Nominated Adviser & Joint Corporate Broker)
Bobbie Hilliam / Harry Rees

020 7523 8000

Notes to editors

About Totally

Totally is a leading provider of healthcare and wellbeing services across the UK and Ireland, working in partnership with the NHS, other healthcare providers and corporate customers to help address the challenges of increased demand for healthcare services.

The Company is committed to pursuing a progressive buy-and-build consolidation strategy within the fragmented healthcare market and looks to capitalise on the attractive opportunities that its disruptive service model offers to generate value to shareholders.

Totally helps healthcare commissioners and hospitals ensure patients can access the most appropriate care quickly and efficiently by delivering quality urgent care services, such as NHS 111 and urgent treatment centres, elective care services including insourcing, outsourcing and elective care delivered via 'Any Qualified provider', as well as community dermatology clinics; and therapy servicing including first contact practitioner and a full physiotherapy and podiatry offering. Our corporate customer services also play a role in reducing reliance on healthcare by promoting healthy lifestyles and physical and mental health.

Healthcare services

Urgent Care: Totally's urgent care services are delivered under the Totally Urgent Care brand, by Vocare and Greenbrook Healthcare. Both businesses have a strong heritage and have been delivering quality urgent care services including NHS 111, GP Out of Hours and Urgent Treatment centres on behalf of the NHS for more than 25 years and 15 years respectively.

Elective care: Totally's elective care services are delivered by Pioneer Healthcare, About Health and Premier Physical Healthcare.

- Pioneer Healthcare was established in 2007 and delivers a wide range of acute services to NHS patients, in partnership with independent healthcare sector private hospitals across England, to help the NHS reduce waiting lists whilst maintaining patient care and quality. Pioneer offer services through insourcing and outsourcing agreements and through its Any Qualified Provider status.
- About Health has been delivering community-based specialist care with a focus on delivering prompt assessment and treatment across the country since 2008.
- Premier Physical Healthcare was established in 2007 and provides physiotherapy and podiatry services to NHS patients, often within a community GP practice, and to the prison service.

Corporate Wellbeing Services

Energy Fitness Professionals ("EFP") EFP is a corporate fitness provider established in 1990 to address a gap in the market for workplace fitness, which has grown to offer a range of services covering workplace wellbeing. EFP manages 62 gyms on behalf of its corporate customers, with more than 13,000 members.

For more information visit www.totallyplc.com

This information is provided by RNS, the news service of the London Stock Exchange. RNS is approved by the Financial Conduct Authority to act as a Primary Information Provider in the United Kingdom. Terms and conditions relating to the use and distribution of this information may apply. For further information, please contact rs@seg.com or visit www.rs.com.

RNS may use your IP address to confirm compliance with the terms and conditions, to analyse how you engage with the information contained in this communication, and to share such analysis on an anonymised basis with others as part of our commercial services. For further information about how RNS and the London Stock Exchange use the personal data you provide us, please see our [Privacy Policy](#).

END

BOAEAKPFEELLEFA