

05 August 2024

**CAMBRIDGE NUTRITIONAL SCIENCES PLC**

**("CNSL" or the "Company")**

**Grant of Options**

CNSL, (AIM:CNSL) the specialist medical diagnostics company focused on promoting a personalised and functional approach to health and nutrition, announces that on 05 August 2024 the Board granted share options (the "**Options**") over its ordinary shares of 4.0 pence each ("**Ordinary Shares**") to James Cooper, Chief Operating Officer and Executive Director.

Following this grant of Options, the Company has options in issue over 20,184,049 Ordinary Shares, representing approximately 8% per cent. of the Company's total issued share capital.

<b>Director</b>	<b>Number of Options granted on 05 August 2024</b>	<b>Exercise Price</b>	<b>Total options held post issue</b>
James Cooper	2,000,000	4.0p	2,000,000

**Grant of Options**

The Company has granted the Options to incentivise executive director performance for the benefit of all Shareholders.

The Options are subject to time conditions (as set out below); good/bad leaver provisions; and being a director of the Company on the date of vesting.

**Vesting criteria for Options are subject to time conditions as follows:**

<b>Amount Vesting</b>	<b>Time Condition</b>
34 per cent. ("Tranche One")	On the first anniversary of 5 August 2024
33 per cent. ("Tranche Two")	On the second anniversary of 5 August 2024
33 per cent. ("Tranche Three")	On the third anniversary of 5 August 2024

**This announcement contains inside information for the purposes of Article 7 of EU Regulation 596/2014 (which forms part of domestic UK law pursuant to the European Union (Withdrawal) Act 2018).**

**For further information, please contact:**

<b>Cambridge Nutritional Sciences Plc</b> Jag Grewal, Chief Executive Officer	<a href="http://www.cnsplc.com">www.cnsplc.com</a> investors@cnsplc.com
<b>Cavendish Capital Markets Limited</b> Geoff Nash / Edward Whiley / George Dollemore (Corporate Finance) Nigel Birks / Harriet Ward (ECM)	Tel: 020 7220 0500

## About Cambridge Nutritional Sciences Plc

Cambridge Nutritional Sciences Plc (AIM: CNSL) is the specialist medical diagnostics company focused on promoting a personalised and functional approach to health and nutrition.

### Notification and public disclosure of transactions by persons discharging managerial responsibilities and persons closely associated with them

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	James Cooper				
2.	Reason for the notification					
a)	Position/status	Chief Operating Officer, Executive Director				
b)	Initial notification/ Amendment	Initial Notification				
3.	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	Cambridge Nutritional Sciences plc				
b)	LEI	2138007U9P4BTZTYIR92				
4.	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument	Options over Ordinary Shares of 4.0p each				
	Identification code	ISIN: GB00B1VCP282				
b)	Nature of the transaction	Grant of Options				
c)	Price(s) and volume(s)	<table><tr><td>Price(s)</td><td>Volume(s)</td></tr><tr><td>4.0p</td><td>2,000,000</td></tr></table>	Price(s)	Volume(s)	4.0p	2,000,000
Price(s)	Volume(s)					
4.0p	2,000,000					
d)	Aggregated information - Aggregated volume - Price	n/a				
e)	Date of the transactions	5 August 2024				
f)	Place of the transactions	Outside a trading venue				

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