

26 September 2024

**The Gym Group plc ("the Company")**

**Notification of a Transaction by a Person Discharging Managerial Responsibility ("PDMR") and a Person Closely Associated ("PCA") with the PDMR**

On 25 September 2024, Richard Stables notified the Company of the following transaction, namely that he gifted 25,000 Ordinary Shares to his spouse, Katherine Elizabeth Francey. The relevant notification set out below is provided in accordance with the requirements of the UK Market Abuse Regulations.

<b>1</b>	<b>Details of the PDMR</b>					
a)	Name	Richard Stables				
<b>2</b>	<b>Reason for the notification</b>					
a)	Position/status	Non-Executive Director				
b)	Initial notification /Amendment	Initial Notification				
<b>3</b>	<b>Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor</b>					
a)	Name	The Gym Group plc				
b)	LEI	213800VCU9TBANZIN455				
<b>4</b>	<b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>					
a)	Description of the financial instrument, type of instrument  Identification code	Ordinary Shares of 0.01 pence each  GYM ISIN: GB00BZBX0P70 SEDOL: BZBX0P7				
b)	Nature of the transaction	Transfer of Ordinary Shares as a gift to PCA				
c)	Price(s) and volume(s)	<table border="1"> <tr> <td>Price(s)</td> <td>Volume(s)</td> </tr> <tr> <td>Nil</td> <td>25,000</td> </tr> </table>	Price(s)	Volume(s)	Nil	25,000
Price(s)	Volume(s)					
Nil	25,000					
d)	Aggregated information  - Aggregated volume  - Price	  25,000  Nil				
e)	Date of the transaction	25 September 2024				
f)	Place of the transaction	Outside a trading venue				

<b>1</b>	<b>Details of the PCA</b>	
a)	Name	Katherine Elizabeth Francey

2	Reason for the notification						
a)	Position/status	PCA to Richard Stables					
b)	Initial notification /Amendment	Initial Notification					
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor						
a)	Name	The Gym Group plc					
b)	LEI	213800VCU9TBANZIN455					
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted						
a)	Description of the financial instrument, type of instrument  Identification code	Ordinary Shares of 0.01 pence each  GYM ISIN: GB00BZBX0P70 SEDOL: BZBX0P7					
b)	Nature of the transaction	Receipt of gift of Ordinary Shares from Richard Stables					
c)	Price(s) and volume(s)	<table><tr><td>Price(s)</td><td>Volume(s)</td></tr><tr><td>Nil</td><td>25,000</td></tr></table>		Price(s)	Volume(s)	Nil	25,000
Price(s)	Volume(s)						
Nil	25,000						
d)	Aggregated information  - Aggregated volume  - Price	25,000  Nil					
e)	Date of the transaction	25 September 2024					
f)	Place of the transaction	Outside a trading venue					

**For further information, please contact:**

**The Gym Group:**  
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Luke Tait, CFO  
Camille Skeritt, Company Secretary

**via Instinctif Partners**

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