

**Totally plc**

**("Totally", "the Company" or "the Group")**

**AGM Statement**

Totally plc (AIM: TLY), a leading provider of frontline healthcare services, corporate fitness and wellbeing services across the UK and Ireland, will hold its Annual General Meeting at 10.00 a.m. today at the Company's registered office address, Cardinal Square West, 10 Nottingham Road, Derby DE1 3QT.

**Simon Stilwell, Chair of the Board stated:**

"Following the recent publication of Lord Darzi's report on the state of the NHS we continue to see the opportunity for an independent provider to provide some of the solutions required to help the NHS in the coming years. The report details that 'how long people wait, and the quality of treatment, are at the heart of the social contract between the NHS and the people.' Our aim is to support the NHS in delivering this social contract and supporting the principles of a health service that is taxpayer funded, free at the point of use, and based on need not ability to pay. We expect further clarity on the steps to be taken in the NHS planning guidance which is due to be published shortly. Our focus is on growing the number of high performing services we deliver on behalf of the NHS and other providers to ensure that patients across the UK and in Ireland can access the care they need, when they need it.

"The company continues to trade in line with the guidance given at the 2024 full year results, a position underpinned by recently announced contract wins such as the new c. £5 million contract for insourcing services in the North of England, and multiple contract extensions for existing services. New business opportunities remain steady and we are in active engagement with a number of trusts about the provision of services.

"Within each of our services, performance continues to be rated as good by the Care Quality Commission and we are preparing for the usual seasonal pressures faced by the NHS to ensure we provide resilience for them over the winter period.

"I would like to thank all our shareholders for their continued support."

**For further information please contact:**

**Totally plc**  
Wendy Lawrence, Chief Executive Officer  
Simon Stilwell, Chair

020 3866 3330

**Canaccord Genuity Limited (Nominated Adviser & Corporate Broker)**  
Bobbie Hilliam / Harry Rees

020 7523 8000

**Notes to editors**

**About Totally**

Totally is a leading provider of healthcare and wellbeing services across the UK and Ireland, working in partnership with the NHS, other healthcare providers and corporate customers to help address the challenges of increased demand for healthcare services.

Totally helps healthcare commissioners and hospitals ensure patients can access the most appropriate care quickly and efficiently by delivering quality urgent care services, such as NHS 111 and urgent treatment centres, elective care services including insourcing, outsourcing and elective care delivered via 'Any Qualified provider', as well as community dermatology clinics; and therapy servicing including first contact practitioner and a full physiotherapy and podiatry offering. Our corporate customer services also play a role in reducing reliance on healthcare by promoting healthy lifestyles and physical and mental health.

**Healthcare services**

**Urgent Care:** Totally's urgent care services are delivered under the Totally Urgent Care brand, by Vocare and Greenbrook Healthcare. Both businesses have a strong heritage and have been delivering quality urgent care services including NHS 111, GP Out of Hours and Urgent Treatment centres on behalf of the NHS for more than 25 years and 15 years respectively.

**Elective care:** Totally's elective care services are delivered by Pioneer Healthcare, About Health and Premier Physical Healthcare.

- Pioneer Healthcare was established in 2007 and delivers a wide range of acute services to NHS patients, in partnership with independent healthcare sector private hospitals across England, to help the NHS reduce waiting lists whilst maintaining patient care and quality. Pioneer offer services through insourcing and outsourcing agreements and through its Any Qualified Provider status.
- About Health has been delivering community-based specialist care with a focus on delivering prompt assessment and treatment across the country since 2008.
- Premier Physical Healthcare was established in 2007 and provides physiotherapy and podiatry services to NHS patients, often within a community GP practice, and to the prison service.

#### **Corporate Wellbeing Services**

**Energy Fitness Professionals ("EFP"):** EFP is a corporate fitness provider established in 1990 to address a gap in the market for workplace fitness, which has grown to offer a range of services covering workplace wellbeing. EFP manages 62 gyms on behalf of its corporate customers, with more than 13,000 members.

For more information visit [www.totallyplc.com](http://www.totallyplc.com)

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