

THE INCOME & GROWTH VCT PLC
(The "Company")

LEI: 213800FPC15FNM74YD92

Director/PDMR Shareholding

Notifications of transactions of persons discharging managerial responsibilities:

1	Details of the person discharging managerial responsibilities/person closely associated			
a)	Name		MAURICE HELFGOTT	
2	Reason for the notification			
a)	Position/status		CHAIRMAN AND NON-EXECUTIVE DIRECTOR	
b)	Initial notification/Amendment		INITIAL NOTIFICATION	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor			
a)	Name		THE INCOME & GROWTH VCT PLC	
b)	LEI		213800FPC15FNM74YD92	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted			
a)	Description of the financial instrument, type of instrument Identification code		ORDINARY SHARES OF 1.00p EACH GB00B29BN198	
b)	Nature of the transaction		PURCHASE OF SHARES UNDER OFFER FOR SUBSCRIPTION	
c)	Price(s) and volume(s)		Price(s)	Volume(s)

		0.7113 GBP	70,295
d)	Aggregated information		
	- Volume	70,295 SHARES	
	- Price	0.7113 GBP	
	- Total	£50,000	
e)	Date of the transaction	1 October 2024	
f)	Place of the transaction	London Stock Exchange (XLON)	

Following the above transactions, Maurice Helgott's total holdings in the Company are 208,682 Ordinary Shares representing 0.068 % of the Company's issued share capital.

For further information please contact:

Gresham House Asset Management Limited

Company Secretary

Tel: 020 7382 0999

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