

19 December 2024

**J Sainsbury plc**  
**(the 'Company')**

**Notification of transactions by Persons Discharging Managerial Responsibilities ('PDMRs')**

The Company confirms that on 18 December 2024, the following PDMR was granted options to buy the Company's ordinary shares of 28<sup>4</sup>/<sub>7</sub> pence each ('Shares') at an option price of £2.00 per Share under the terms of the Company's Savings-Related Share Option Scheme (also known as Sharesave).

PDMR	Number of options granted	Savings term	Options exercisable between
Graham Biggart	590	3 years	1 March 2028 and 31 August 2028

The Notification of Dealing Form for each PDMR can be found below.

This notification is made in accordance with the requirements of the UK Market Abuse Regulation.

For further information, please contact:

Caroline Phelan  
Senior Company Secretarial Assistant  
0207 695 7959

**Notification of dealing form**

1	Details of the person discharging managerial responsibilities / person closely associated		
a)	Name	Graham Biggart	
2	Reason for the notification		
a)	Position/status	Chief Transformation & GM Commercial Officer	
b)	Initial notification /Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	J Sainsbury plc	
b)	LEI	213800VGZAAJIKJ9Y484	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument	Ordinary shares of 28 <sup>4</sup> / <sub>7</sub> pence each	
	Identification code	ISIN: GB00B019KW72	
b)	Nature of the transaction	Grant of options over shares under the J Sainsbury plc Savings-Related Share Option Scheme (also known as Sharesave)	
c)	Price(s) and volume(s)	Price(s)	Volume(s)
		£2.00	590
d)	Aggregated information	Aggregated price	Aggregated volume
		N/A	N/A
e)	Date of the transaction	18 December 2024	

f)	Place of the transaction	Outside a trading venue
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