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2 January 2025

The Gym Group plc ("The Gym Group")

Notice of Pre-close Trading Update

Leading low-cost gym operator, The Gym Group, announces that it will publish a pre-close trading update for the year ended 31 December 2024 on Tuesday, 14 January 2025.

For further information, please contact:

The Gym Group: Will Orr, CEO Luke Tait, CFO via Instinctif Partners

Instinctif Partners (Financial PR): Justine Warren Matthew Smallwood Joe Quinlan Tel: +44 (0)20 7457 2020

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