

23 January 2025

The Gym Group plc ("the Company")

Notification of a Transaction by a Person Discharging Managerial Responsibility ("PDMR")

The relevant notification set out below is provided in accordance with the requirements of the UK Market Abuse Regulations.

1	Details of the PDMR					
a)	Name	Richard Stables				
2	Reason for the notification					
a)	Position/status	Non-Executive Director				
b)	Initial notification /Amendment	Initial Notification				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	The Gym Group plc				
b)	LEI	213800VCU9TBANZIN455				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	Ordinary Shares of 0.01 pence each GYM ISIN: GB00BZBX0P70 SEDOL: BZBX0P7				
b)	Nature of the transaction	Acquisition of shares				
c)	Price(s) and volume(s)	<table border="1"> <tr> <td>Price(s)</td> <td>Volume(s)</td> </tr> <tr> <td>£1.43116</td> <td>25,000</td> </tr> </table>	Price(s)	Volume(s)	£1.43116	25,000
Price(s)	Volume(s)					
£1.43116	25,000					
d)	Aggregated information - Aggregated volume - Price	 25,000 £35,779.00				
e)	Date of the transaction	23 January 2025				
f)	Place of the transaction	London Stock Exchange				

For further information, please contact:

The Gym Group:
Will Orr, CEO
Luke Tait, CFO
Camille Skeritt, Company Secretary

via Instinctif Partners

Instinctif Partners (Financial PR):

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