

**Notification and public disclosure of transactions by persons discharging managerial responsibilities and persons closely associated with them**

<b>1</b>	<b>Details of the person discharging managerial responsibilities / person closely associated</b>					
a)	Name	Seema Paterson				
<b>2</b>	<b>Reason for the notification</b>					
a)	Position/status	Non-executive Director				
b)	Initial notification /Amendment	Initial notification				
<b>3</b>	<b>Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor</b>					
a)	Name	CQS Natural Resources Growth and Income PLC				
b)	LEI	549300ES8CNIK2CQR054				
<b>4</b>	<b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>					
a)	Description of the financial instrument, type of instrument  Identification code	Ordinary shares of £0.25  GB0000353929				
b)	Nature of the transaction	Acquisition of shares				
c)	Price(s) and volume(s)	<table border="1"> <tr> <td>Price(s)</td> <td>Volume(s)</td> </tr> <tr> <td>188.00 pence per share</td> <td>2,660</td> </tr> </table>	Price(s)	Volume(s)	188.00 pence per share	2,660
Price(s)	Volume(s)					
188.00 pence per share	2,660					
d)	Aggregated information  - Aggregated volume  - Price	2,660 Ordinary shares of £0.25  188.00 pence per share				
e)	Date of the transaction	7 February 2025				
f)	Place of the transaction	London Stock Exchange (XLON)				

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Name of authorised official of issuer responsible for making notification:

Eleanor Cranmer, for and on behalf of Frostrow Capital LLP  
Company Secretary to CQS Natural Resources Growth and Income PLC

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