Inspiration Healthcare Group plc

("Inspiration Healthcare" or the "Company")

PDMR Dealing

Inspiration Healthcare Group plc (AIM: IHC), the global medical technology company, announces that it as been notified that Neil Campbell, a Non-executive Director ofInspiration Healthcare, has sold 200,000 ordinary shares of 10 pence each in the Company ("Ordinary Shares") at prices set out in the form below.

Following the sale, Neil Campbell holds a total of 4,216,646 Ordinary Shares, representing approximately 4.7 per cent. of the Company's issued ordinary share capital.

This announcement, including the notification below, is made in accordance with the requirements of the UK Market Abuse Regulation.

1	TIFICATION AND PUBLIC DISCLOSURE Details of the person dischargi						
a)	Name	Neil Campbell					
2	Reason for the notification						
a)	Position/status	PDMR - Non-Executive Direct	or				
b)	Initial notification /Amendment	Initial Notification					
3	Details of the issuer, emission auctioneer or auction monitor	allowance market participan	it, auction platform,				
a)	Name	Inspiration Healthcare Group Plc					
b)	LEI	213800GKFT3ENAPMDL15					
	each type of transaction; (III) e been conducted	ach date; and (IV) each place	where transactions have				
a)		Ordinary Shares of 10 per					
a)	been conducted						
a)	been conducted Description of the financial instrument, type of						
a) b)	been conducted Description of the financial instrument, type of instrument	Ordinary Shares of 10 per					
	been conducted Description of the financial instrument, type of instrument Identification code	Ordinary Shares of 10 per ISIN: GB00BXDZL105					
b)	been conducted Description of the financial instrument, type of instrument Identification code Nature of the transaction	Ordinary Shares of 10 per ISIN: GB00BXDZL105 Sale of Ordninary Shares Price(s) 19.11 pence	Volume(s) 100,000				
b) c)	been conducted Description of the financial instrument, type of instrument Identification code Nature of the transaction Price(s) and volume(s)	Ordinary Shares of 10 per ISIN: GB00BXDZL105 Sale of Ordninary Shares Price(s) 19.11 pence	Volume(s) 100,000				
b) c)	been conductedDescription of the financial instrument, type of instrumentIdentification codeNature of the transactionPrice(s) and volume(s)Aggregated information	Ordinary Shares of 10 per ISIN: GB00BXDZL105 Sale of Ordninary Shares Price(s) 19.11 pence 20.06 pence	Volume(s) 100,000				
b) c)	been conducted Description of the financial instrument, type of instrument Identification code Nature of the transaction Price(s) and volume(s) Aggregated information - Aggregated volume	Ordinary Shares of 10 per ISIN: GB00BXDZL105 Sale of Ordninary Shares Price(s) 19.11 pence 20.06 pence 200,000	Volume(s) 100,000				

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For further information, please contact:

Inspiration Healthcare Group plc Roy Davis, Non-Executive Chair Raffi Stepanian, Chief Executive Officer Alan Olby, Chief Financial Officer

Panmure Liberum (Nominated Adviser & Broker) Richard Lindley Will Goode

Emma Earl Will King

Walbrook PR Ltd (Media & IR)

Anna Dunphy Louis Ashe-Jepson Tel: +44 (0)330 175 0000

Tel: +44 (0)20 3100 2000

Tel: +44 (0)20 7933 8780 or inspirationhealthcare@walbrookpr.com Mob: +44 (0) 7876 741 001 Mob: +44 (0) 7747 515 393

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