

28 February 2025

Kooth plc

("Kooth" or "the Company" or "the Group")

Block Listing Six Monthly Return

Kooth, a global leader in youth digital mental well-being, today makes the following notification pursuant to Schedule Six of the AIM Rules for Companies regarding its existing block admission arrangements:

| | | | | |
|---|-------|--------------------------------------|----|------------------|
| Name of <i>applicant</i> : | | Kooth plc | | |
| Name of scheme: | | Kooth plc Long Term Incentive Plan | | |
| Period of return: | From: | 30 August 2024 | To | 27 February 2025 |
| Balance of unallotted securities under scheme(s) from previous return: | | 3,369,000 ordinary shares of 5p each | | |
| <u>Plus:</u> The amount by which the block scheme(s) has been increased since the date of the last return (if any increase has been applied for): | | n/a | | |
| <u>Less:</u> Number of <i>securities</i> issued/allotted under scheme(s) during period (see LR3.5.7G): | | 87,475 ordinary shares of 5p each | | |
| <u>Equals:</u> Balance under scheme(s) not yet issued/allotted at end of period: | | 3,281,525 ordinary shares of 5p each | | |

ENDS

Enquiries:

Kooth plc

Tim Barker, Joint CEO
Kate Newhouse, Joint CEO
Sanjay Jawa, CFO

investorrelations@kooth.com

Stifel, Nominated Adviser & Sole Broker

Ben Maddison, Erik Anderson, Nick Harland, Ben Good

+44 (0) 20 7710 7600

FTI Consulting, Financial PR

Ben Atwell, Alex Shaw

Kooth@fticonsulting.com

About Kooth plc:

Kooth (AIM:KOO) is a global leader in youth digital mental well-being. Our mission is to provide accessible and safe spaces for everyone to achieve better mental health. Our platform is clinically robust and accredited to provide a range of therapeutic support and interventions. All our services are predicated on easy access to make early intervention and prevention a reality.

Kooth is a fully safeguarded and pre-moderated community with a library of peer and professional created content, alongside access to experienced online counsellors. There are no thresholds for support and no waiting lists.

Kooth is the longest standing digital mental health provider to hold a UK-wide accreditation from the British Association of Counselling and Psychotherapy (BACP) and according to NHS England data for 2022/23 is now the largest single access provider for mental health support for under 18s.

In 2021, Kooth began executing on its international expansion strategy, with an initial focus on the US market. This focus is due to the growing recognition of the importance of improving youth mental health in this key global healthcare market, with 1-in-6 people aged 6-17 experiencing a mental health disorder each year.

For more information, please visit www.koothplc.com.

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