Trust Name	HENDERSON HIGH INCOME TRUST PLC
Legal Entity Identifier	2138000EXAGFSF7Y6G11
NAV Details	As at close of business on 10 March 2025, the unaudited net asset value per share calculated in accordance with the AIC formula (including current financial year revenue items and excluding shares held in treasury) was 181.9p and the net asset value per share with debt marked at fair value was 183.2p.
	As at close of business on 10 March 2025, the unaudited net asset value per share (excluding current financial year revenue items and shares held in treasury) was 180.4p and the net asset value per share with debt marked at fair value was 181.8p.
	Debt marked at fair value is the Company's estimate of the "fair value" of its senior unsecured notes. The current estimated fair value of the Company's senior unsecured notes is based on a discount rate calculated using the redemption yield of the relevant existing UK Gilt plus a credit spread determined by the month-end difference in redemption yields between the ICE BofAML 5-10 Year A Sterling Non-Gilt Index and the ICE BofAML 5-10 Year UK Gilt Index. The discount rate is calculated and updated monthly and applied daily to determine the Company's published fair value NAVs.
For further information, please call:	Janus Henderson Secretarial Services UK Limited Corporate Secretary

Telephone: 020 7818 1818 This information is provided by RNS, the news service of the London Stock Exchange. RNS is approved by the Financial Conduct Authority to act as a Primary Information Provider in the United Kingdom. Terms and conditions relating to the use and distribution of this information may apply. For further information, please contact ms@lseg.com or visit www.ms.com.

RNS may use your IP address to confirm compliance with the terms and conditions, to analyse how you engage with the information contained in this communication, and to share such analysis on an anonymised basis with others as part of our commercial services. For further information about how RNS and the London Stock Exchange use the personal data you provide us, please see our Privacy Policy.

END

NAVGPUGPWUPAGPG