JANUS HENDERSON FUND MANAGEMENT UK LIMITED HENDERSON HIGH INCOME TRUST PLC LEGAL ENTITY IDENTIFIER 2138000EXAGFSF7Y6G11 19 March 2025

HENDERSON HIGH INCOME TRUST PLC

PAYMENT OF FIRST INTERIM DIVIDEND

Henderson High Income Trust plc announces that a first interim dividend of 2.675p per ordinary share of 5p, in respect of the year ending 31 December 2025, will be paid on 25 April 2025 to holders registered at the close of business on 4 April 2025. This dividend is to be paid from the Company's revenue account. The Company's shares will go ex-dividend on 3 April 2025.

For further information please contact:

David Smith Fund Manager Henderson High Income Trust plc Telephone: 020 7818 4443

Dan Howe Head of Investment Trusts Janus Henderson Investors Telephone: 020 7818 1818

Harriet Hall PR Director, Investment Trusts Janus Henderson Investors Telephone: 020 7818 2919

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