



21 March 2025

Inspiration Healthcare Group plc
("Inspiration Healthcare", the "Company" or the "Group")
Grant of Options

Inspiration Healthcare Group plc (AIM: IHC), the global medical technology company, announces that it has granted a total of 1,098,039 nil cost options over ordinary shares of 10 pence each in the capital of the Company ("Options") under the Inspiration Healthcare Group Long Term Incentive Plan (the "LTIP"), to Raffi Stepanian (Chief Executive Officer) a Person Discharging Managerial Responsibilities ("PDMRs") as detailed below.

The Options are exercisable at nil cost and are subject to share price performance criteria and continuous employment with the Company for a period of three years ending on 7 January 2028.

For further information, please contact:

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1	Details of the person discharging managerial responsibilities / person closely associated	
a)	Name	Harout Rafi Stepanian
2	Reason for the notification	
a)	Position/status	PDMR (CEO)
b)	Initial notification /Amendment	Initial
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	Inspiration Healthcare Group plc
b)	LEI	213800GKFT3ENAPMDL15
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument	Options over Ordinary Shares of 10p each in the capital of the Company ISIN: GB00BXDZL105

	Identification code			
b)	Nature of the transaction	Grant of Options under the Long Term Incentive Plan		
c)	Price(s) and volume(s)	Price(s)	Volume(s)	
		Nil	1,098,039	
d)	Aggregated information -Aggregated volume - Price	N/A		
e)	Date of the transaction	21 March 2025		
f)	Place of the transaction	Outside of a trading venue		

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