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28 March 2025

The Gym Group Plc
('The Gym Group' or 'the Company')

Appointment of Non-Executive Director

The Gym Group is pleased to announce the appointment of Tamsin Todd as Non-Executive Director of the Company with effect from 1 May 2025.

Tamsin is currently a Non-Executive Director at Auction Technology Group, where she is the Remuneration Committee Chair, and Into University Partnerships. Prior to these roles she was the Chief Executive Officer of Findmypast, Managing Director at TUI Group, Head of E-commerce at Betfair and held marketing, product and commercial roles at Microsoft and Amazon. Her vast experience incorporates expertise in business strategy, product management and technology.

Tamsin will join the Audit & Risk, Remuneration, Nomination and Sustainability Committees. She has no current interest in the Company's shares.

John Treharne, Chair of the Board, commented:

"On behalf of the Board, I am delighted to welcome Tamsin to The Gym Group. Her extensive experience in product, data and technology across multisite businesses will be invaluable to the Board and the Company as a whole; we look forward to working with her."

Tamsin Todd commented:

"The Gym Group has been at the forefront of democratising fitness and making its many benefits widely accessible, and I am pleased to be joining the team at this exciting time. I look forward to working with the Board to support innovation and growth that create value for customers and shareholders."

No further disclosures are required for Tamsin Todd in respect of paragraphs 6.4.8R of the Financial Conduct Authority's Listing Rules.

For further information, please contact:

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