JANUS HENDERSON FUND MANAGEMENT UK LIMITED

HENDERSON HIGH INCOME TRUST PLC

LEGAL ENTITY IDENTIFIER 2138000EXAGFSF7Y6G11

2 April 2025

HENDERSON HIGH INCOME TRUST PLC

MARKET PURCHASE BY THE COMPANY OF ITS OWN SHARES

Notification is given that pursuant to the authority granted at the Annual General Meeting of the Company held on 14 May 2024 to make market purchases of the Company's own shares of 5p up to a maximum of 14.99%, a market purchase of 59,521 ordinary shares in the capital of the Company was made on 2 April 2025 at a price of 168.584p per share. The shares will be held in treasury.

Following the above purchase, the Company's issued ordinary share capital will continue to be 172,141,700 ordinary shares of 5p each, of which 1,275,905 (0.74%) are held in treasury and have no voting rights.

Holders of the Company's ordinary shares are entitled to one vote for every share held. As treasury shares have no voting rights, the total number of voting rights in the Company is now 170,865,795.

For further information please contact:

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