

Cambridge Nutritional Sciences plc
(the 'Company' or 'CNS')

Grant of Options

CNS (AIM: CNSL), the specialist medical diagnostics company focused on promoting a personalised and functional approach to health and nutrition, announces that on 31st March 2025 the Board granted share options (the "**Options**") over its ordinary shares of 4 pence each ("**Ordinary Shares**") to James Cooper, Chief Executive Officer and Executive Director.

Following this grant of Options, the Company has options in issue over 26,173,182 Ordinary Shares, representing approximately 11.0% per cent. of the Company's total issued share capital.

Director	Number of Options granted on 31 st March 2025	Exercise Price	Total options held post issue
James Cooper	2,500,000	4p	4,500,000

Grant of Options

The Company has granted the Options to incentivise executive director performance for the benefit of all Shareholders.

The Options are subject to time conditions (as set out below); good/bad leaver provisions; and being a director of the Company on the date of vesting.

Options are subject to time conditions as follows:

Proportion of Options	Normal earliest exercise date
34 per cent. ("Tranche One")	On the second anniversary of 31 st March 2025
33 per cent. ("Tranche Two")	On the third anniversary of 31 st March 2025
33 per cent. ("Tranche Three")	On the fourth anniversary of 31 st March 2025

For further information, please contact:

Cambridge Nutritional Sciences Plc James Cooper, Chief Executive Officer	www.cnsplc.com investors@cnsplc.com
Cavendish Capital Markets Limited Geoff Nash / Edward Whiley (Corporate Finance) Nigel Birks / Harriet Ward (ECM)	Tel: 020 7220 0500

About Cambridge Nutritional Sciences Plc

Cambridge Nutritional Sciences Plc (AIM: CNSL) is the specialist medical diagnostics company focused on promoting a personalised and functional approach to health and nutrition.

Notification and public disclosure of transactions by persons discharging managerial responsibilities and persons closely associated with them

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	James Cooper
2.	Reason for the notification	

Reason for the notification			
a)	Position/status	Chief Executive Officer, Executive Director	
b)	Initial notification/ Amendment	Initial Notification	
3.	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Cambridge Nutritional Sciences plc	
b)	LEI	2138007U9P4BTZTYIR92	
4.	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument	Options over Ordinary Shares of 4p each	
	Identification code	ISIN: GB00B1VCP282	
b)	Nature of the transaction	Grant of Options	
c)	Price(s) and volume(s)	Price(s)	Volume(s)
		4p exercise price	2,500,000
d)	Aggregated information - Aggregated volume - Price	As above	
e)	Date of the transactions	31 st March 2025	
f)	Place of the transactions	Outside a trading venue	

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