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8 April 2025

The Gym Group plc
(the "Company" or "The Gym Group")

Notice of Annual General Meeting 2025

The Gym Group announces that the following documents have today been posted or otherwise made available to shareholders:

- The Annual Report and Accounts for the year ended 31 December 2024 ("2024 Annual Report"); and
- Notice of Annual General Meeting 2025 ("AGM").

The above follows the announcement on 14 March 2025 of the publication of the Company's 2024 Annual Report (RNS: 7455A).

In accordance with Listing Rule 6.4.1R, the 2024 Annual Report and Notice of AGM have been submitted to the National Storage Mechanism and should shortly be available for inspection at <https://data.fca.org.uk/#/nsm/nationalstoragemechanism>.

Copies of the 2024 Annual Report and the Notice of AGM are available to view on the Company's website at <http://www.tggplc.com/>.

The Company's AGM is scheduled to be held at 11:00 a.m. on Thursday, 8 May 2025 at the offices of Peel Hunt LLP, 7th Floor, 100 Liverpool Street, London, EC2M 2AT.

For further information, please contact:

The Gym Group:
Will Orr, CEO
Luke Tait, CFO
Camille Skerritt, Company Secretary

via Instinctif Partners

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