

15 April 2025

**Assura plc
("the Company")**

Notifications of transactions by Persons Discharging Managerial Responsibilities ("PDMRs")

The Company announces that on 9 April 2025 the following named PDMRs acquired ordinary shares of 10 pence each in the Company under the Company's Share Incentive Plan ("SIP") following dividend award:

PDMR	Position	Number of dividend shares acquired	Purchase price per share	Shareholding of PDMR and PCA's as at 15 April 2025
Jonathan Murphy	CEO	607	£0.4769	3,332,627
Jayne Cottam	CFO	607	£0.4769	957,772
Orla Ball	General Counsel	607	£0.4769	44,470
Robert James	Group Development Director	479	£0.4769	35,196
Sarah Taylor	Chief People Officer	321	£0.4769	23,850
Steven Noble	Chief Investment Officer	23	£0.4769	610,064

The Notification of Dealing Form for each PDMR can be found below.

This notification is made in accordance with the Market Abuse Regulation.

Notification of dealing form

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	Jonathan Murphy
2	Reason for the notification	
a)	Position/status	CEO
b)	Initial notification/ Amendment	Initial notification
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	Assura plc
b)	LEI	21380026T19N2Y52XF72
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument	Ordinary shares of 10 pence each
	Identification code	GB00BVGBWW93
b)	Nature of the	

b)	Nature of the transaction	Purchase of shares under the Company SIP								
c)	Price(s) and volume(s)	<table><tr><td>Price(s)</td><td>Volume(s)</td></tr><tr><td>£0.4769 GBP</td><td>607</td></tr></table>			Price(s)	Volume(s)	£0.4769 GBP	607		
Price(s)	Volume(s)									
£0.4769 GBP	607									
d)	Aggregated information – Aggregated volume – Price	<table><tr><td>Aggregate Price</td><td>Aggregate Volume</td><td>Aggregate Total</td></tr><tr><td>£0.4769 GBP</td><td>607</td><td>£289.48 GBP</td></tr></table>			Aggregate Price	Aggregate Volume	Aggregate Total	£0.4769 GBP	607	£289.48 GBP
Aggregate Price	Aggregate Volume	Aggregate Total								
£0.4769 GBP	607	£289.48 GBP								
e)	Date of the transaction	9 April 2025								
f)	Place of the transaction	XLON								

1	Details of the person discharging managerial responsibilities/person closely associated								
a)	Name	Jayne Cottam							
2	Reason for the notification								
a)	Position/status	CFO							
b)	Initial notification/ Amendment	Initial notification							
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor								
a)	Name	Assura plc							
b)	LEI	21380026T19N2Y52XF72							
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted								
a)	Description of the financial instrument, type of instrument Identification code	Ordinary shares of 10 pence each GB00BVGBWW93							
b)	Nature of the transaction	Purchase of shares under the Company SIP							
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Aggregate Price	Aggregate Volume	Aggregate Total							

	– Price	£0.4769 GBP	607	£289.48 GBP
e)	Date of the transaction	9 April 2025		
f)	Place of the transaction	XLON		

1	Details of the person discharging managerial responsibilities/person closely associated								
a)	Name	Orla Ball							
2	Reason for the notification								
a)	Position/status	General Counsel							
b)	Initial notification/ Amendment	Initial notification							
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor								
a)	Name	Assura plc							
b)	LEI	21380026T19N2Y52XF72							
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted								
a)	Description of the financial instrument, type of instrument Identification code	Ordinary shares of 10 pence each GB00BVGBWW93							
b)	Nature of the transaction	Purchase of shares under the Company SIP							
c)	Price(s) and volume(s)	<table border="1"> <tr> <td>Price(s)</td> <td>Volume(s)</td> </tr> <tr> <td>£0.4769 GBP</td> <td>607</td> </tr> </table>		Price(s)	Volume(s)	£0.4769 GBP	607		
Price(s)	Volume(s)								
£0.4769 GBP	607								
d)	Aggregated information – Aggregated volume – Price	<table border="1"> <tr> <td>Aggregate Price</td> <td>Aggregate Volume</td> <td>Aggregate Total</td> </tr> <tr> <td>£0.4769 GBP</td> <td>607</td> <td>£289.48 GBP</td> </tr> </table>		Aggregate Price	Aggregate Volume	Aggregate Total	£0.4769 GBP	607	£289.48 GBP
Aggregate Price	Aggregate Volume	Aggregate Total							
£0.4769 GBP	607	£289.48 GBP							
e)	Date of the transaction	9 April 2025							
f)	Place of the transaction	XLON							

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Robert James	
2	Reason for the notification		

a)	Position/status	Group Development Director								
b)	Initial notification/ Amendment	Initial notification								
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor									
a)	Name	Assura plc								
b)	LEI	21380026T19N2Y52XF72								
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted									
a)	Description of the financial instrument, type of instrument Identification code	Ordinary shares of 10 pence each GB00BVGBWW93								
b)	Nature of the transaction	Purchase of shares under the Company SIP								
c)	Price(s) and volume(s)	<table><tr><td>Price(s)</td><td>Volume(s)</td></tr><tr><td>£0.4769 GBP</td><td>479</td></tr></table>			Price(s)	Volume(s)	£0.4769 GBP	479		
Price(s)	Volume(s)									
£0.4769 GBP	479									
d)	Aggregated information – Aggregated volume – Price	<table><tr><td>Aggregate Price</td><td>Aggregate Volume</td><td>Aggregate Total</td></tr><tr><td>£0.4769 GBP</td><td>479</td><td>£228.44 GBP</td></tr></table>			Aggregate Price	Aggregate Volume	Aggregate Total	£0.4769 GBP	479	£228.44 GBP
Aggregate Price	Aggregate Volume	Aggregate Total								
£0.4769 GBP	479	£228.44 GBP								
e)	Date of the transaction	9 April 2025								
f)	Place of the transaction	XLON								

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	Sarah Taylor
2	Reason for the notification	
a)	Position/status	Chief People Officer
b)	Initial notification/ Amendment	Initial notification
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	Assura plc
b)	LEI	21380026T19N2Y52XF72
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial	Ordinary shares of 10 pence each

	instrument, type of instrument									
	Identification code	GB00BVGBWW93								
b)	Nature of the transaction	Purchase of shares under the Company SIP								
c)	Price(s) and volume(s)	<table><tr><td>Price(s)</td><td colspan="2">Volume(s)</td></tr><tr><td>£0.4769 GBP</td><td colspan="2">321</td></tr></table>			Price(s)	Volume(s)		£0.4769 GBP	321	
Price(s)	Volume(s)									
£0.4769 GBP	321									
d)	Aggregated information	<table><tr><td>Aggregate Price</td><td>Aggregate Volume</td><td>Aggregate Total</td></tr><tr><td>£0.4769 GBP</td><td>321</td><td>£153.08 GBP</td></tr></table>			Aggregate Price	Aggregate Volume	Aggregate Total	£0.4769 GBP	321	£153.08 GBP
Aggregate Price	Aggregate Volume	Aggregate Total								
£0.4769 GBP	321	£153.08 GBP								
e)	Date of the transaction	9 April 2025								
f)	Place of the transaction	XLON								

f)	Place of the transaction	XLON
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1	Details of the person discharging managerial responsibilities/person closely associated						
a)	Name	Steven Noble					
2	Reason for the notification						
a)	Position/status	Chief Investment Officer					
b)	Initial notification/ Amendment	Initial notification					
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor						
a)	Name	Assura plc					
b)	LEI	21380026T19N2Y52XF72					
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Price(s)	Volume(s)						

		£0.4769 GBP	23	
d)	Aggregated information			
	– Aggregated volume	Aggregate Price	Aggregate Volume	Aggregate Total
	– Price	£0.4769 GBP	23	£10.97 GBP
e)	Date of the transaction	9 April 2025		
f)	Place of the transaction	XLON		

For more information, please contact:

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Gordon Simpson

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Notes to Editors

Assura plc is the UK's leading diversified healthcare REIT. Assura enables better health outcomes through its portfolio of more than 600 healthcare buildings, from which over six million patients are served.

A UK REIT based in Altrincham, Assura is a constituent of the FTSE 250 and the EPRA* indices and has a secondary listing on the Johannesburg Stock Exchange. As at 30 September 2024, Assura's portfolio was valued at £3.2 billion and has a strong track record of growing financial returns and dividends for shareholders.

At Assura we BUILD for health and as the first FTSE 250 certified B Corp we are committed to keeping ESG at the heart of our strategy, creating Healthy Environments (E) and Healthy Communities (S) and maintaining a Healthy Business (G).

Further information is available at www.assurapl.com

*EPRA is a registered trademark of the European Public Real Estate Association

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