

22 April 2025

**The Gym Group plc ("the Company")**

**Notification of a Transaction by a Person Discharging Managerial Responsibility ("PDMR")**

The relevant notification set out below is provided in accordance with the requirements of the UK Market Abuse Regulations.

<b>1</b>	<b>Details of the PDMR</b>					
a)	Name	Will Orr				
<b>2</b>	<b>Reason for the notification</b>					
a)	Position/status	Chief Executive Officer				
b)	Initial notification /Amendment	Initial Notification				
<b>3</b>	<b>Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor</b>					
a)	Name	The Gym Group plc				
b)	LEI	213800VCU9TBANZIN455				
<b>4</b>	<b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>					
a)	Description of the financial instrument, type of instrument  Identification code	Ordinary Shares of 1 pence each  GYM ISIN: GB00BZBX0P70 SEDOL: BZBX0P7				
b)	Nature of the transaction	Acquisition of shares				
c)	Price(s) and volume(s)	<table border="1"> <tr> <td>Price(s)</td> <td>Volume(s)</td> </tr> <tr> <td>£1.368</td> <td>22,000</td> </tr> </table>	Price(s)	Volume(s)	£1.368	22,000
Price(s)	Volume(s)					
£1.368	22,000					
d)	Aggregated information  - Aggregated volume  - Price	 22,000  £30,096.00				
e)	Date of the transaction	16 April 2025				
f)	Place of the transaction	Off Exchange				

**For further information, please contact:**

**The Gym Group:**  
Will Orr, CEO  
Luke Tait, CFO  
Camille Skeritt, Company Secretary

**via Instinctif Partners**

**Instinctif Partners (Financial PR):**  
Justine Warren  
Tim Pearson

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