

23 April 2025

J Sainsbury plc
(the 'Company')

Director/PDMR Shareholding

The Company was notified that, on 22 April 2025, the following Director and Person Discharging Managerial Responsibility ('PDMR') exercised options over ordinary shares of 28⁴/₇ pence each in the Company ('Shares') at an option price of £2.28 per Share, granted in December 2021 under the J Sainsbury 1980 Savings-Related Share Option Scheme (known as Sharesave).

PDMR	Number of Shares exercised	Number of Shares sold⁽¹⁾	Number of Shares retained
Clodagh Moriarty	3,947	3,947	0

(1) The Shares were sold on the London Stock Exchange at a price of £2.618 per Share.

The Notification of Dealing Form can be found below.

This notification is made in accordance with the requirements of the UK Market Abuse Regulation.

For further information, please contact:

Helen Porter

Assistant Company Secretary

01908 081272

Notification of dealing form

1	Details of the person discharging managerial responsibilities / person closely associated	
a)	Name	Clodagh Moriarty
2	Reason for the notification	
a)	Position/status	Chief Retail and Technology Officer
b)	Initial notification /Amendment	Initial notification
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	J Sainsbury plc
b)	LEI	213800VGZAAJIKJ9Y484
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
	Transaction 1	
a)	Description of the financial instrument, type of instrument	Ordinary shares of 28 ⁴ / ₇ pence each
	Identification code	ISIN: GB00B019KW72

b)	Nature of the transaction	Exercise of options granted in December 2021 under the J Sainsbury 1980 Savings-Related Share Option Scheme	
c)	Price(s) and volume(s)	Price(s)	Volume(s)
		£2.28	3,947
d)	Aggregated information	Aggregated price	Aggregated volume
		N/A	N/A
e)	Date of the transaction	22 April 2025	
f)	Place of the transaction	Outside a trading venue	
	Transaction 2		
a)	Description of the financial instrument, type of instrument	Ordinary shares of 28 ⁴ / ₇ pence each	
	Identification code	ISIN: GB00B019KW72	
b)	Nature of the transaction	Sale of options granted in December 2021 under the J Sainsbury 1980 Savings-Related Share Option Scheme	
c)	Price(s) and volume(s)	Price(s)	Volume(s)
		£2.618	3,947
d)	Aggregated information	Aggregated price	Aggregated volume
		£10,333.25	3,947
e)	Date of the transaction	22 April 2025	
f)	Place of the transaction	London Stock Exchange	

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