

***This announcement contains inside information for the purposes of article 7 of the Market Abuse Regulation (EU) 596/2014 (which forms part of domestic UK law pursuant to the European Union (Withdrawal) Act 2018 ("UK MAR")). With the publication of this announcement, this information is now considered to be in the public domain.***

**Totally plc**

**("Totally", the "Company" or the "Group")**

**Update on Strategic Review**

Further to the announcement by the Company on May 1 2025 (the "**Strategic Review**"), Totally announces that the Company is in receipt of a number of offers for subsidiaries of its business (the "**Disposals**"). The board of directors (the "**Board**") is considering these offers and will provide further updates as appropriate.

The purpose of the strategic review announced in the Trading Update was to strengthen its balance sheet to meet the liabilities of the Group over the coming months. The Board has now concluded the Disposals of the subsidiaries are the only realistic route for the Group to fund these liabilities in the required timeframe.

The Board expects to conclude the sale of the business or parts of the business before the Group requires further funding. The potential proceeds however, in the Directors opinion, are unlikely to be sufficient to meet all future liabilities meaning there could be no value in the ordinary shares of the Company or any likely return to shareholders.

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**Notes to editors**

**About Totally**

Totally is a leading provider of healthcare and wellbeing services across the UK and Ireland, working in partnership with the NHS, other healthcare providers and corporate customers to help address the challenges of increased demand for healthcare services.

Totally helps healthcare commissioners and hospitals ensure patients can access the most appropriate care quickly and efficiently by delivering quality urgent care services, elective care services including insourcing, outsourcing and elective care delivered via 'Any Qualified provider', as well as community dermatology clinics; and therapy servicing including first contact practitioner and a full physiotherapy and podiatry offering. Our corporate customer services also play a role in reducing reliance on healthcare by promoting healthy lifestyles and physical and mental health.

**Healthcare services**

**Urgent Care:** Totally's urgent care services are delivered under the Totally Urgent Care brand, by Vocare and Greenbrook Healthcare. Both businesses have a strong heritage.

**Elective care:** Totally's elective care services are delivered by Pioneer Healthcare, About Health and Premier Physical Healthcare.

- Pioneer Healthcare was established in 2007 and delivers a wide range of acute services to NHS patients, in partnership with independent healthcare sector private hospitals across England, to help the NHS reduce waiting lists whilst maintaining patient care and quality. Pioneer offer services through insourcing and outsourcing agreements and through its Any Qualified Provider status.
- About Health has been delivering community-based specialist care with a focus on delivering prompt assessment and treatment across the country since 2008.
- Premier Physical Healthcare was established in 2007 and provides physiotherapy and podiatry services to NHS patients, often within a community GP practice, and to the prison service.

**Corporate Wellbeing Services**

**Energy Fitness Professionals ("EFP"):** EFP is a corporate fitness provider established in 1990 to address a gap in the market for workplace fitness, which has grown to offer a range of services covering workplace wellbeing. EFP manages 62 gyms on behalf of its corporate customers, with more than 13,000 members.

For more information visit [www.totallyplc.com](http://www.totallyplc.com)

Ernst & Young, EY

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The person responsible for arranging the release of this announcement on behalf of Totally is Simon Stilwell.

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