

This announcement contains inside information for the purposes of article 7 of the Market Abuse Regulation (EU) 596/2014 (which forms part of domestic UK law pursuant to the European Union (Withdrawal) Act 2018 ("UK MAR")). With the publication of this announcement, this information is now considered to be in the public domain.

Totally plc

("Totally" or the "Company")

**Parent Company Administration
Director Resignations**

The Company confirms that, further to its announcement on Friday, the Board of Totally has now appointed Tim Vance and Sam Woodward as Joint Administrators of the Company, being the parent company of the Totally group of companies (the "**Group**"), following which each of the Company's directors, being Simon Stilwell, John McMullan, Robert Forsyth and Robert Harris resigned as directors of the Company.

Following the appointment of the Joint Administrators over Totally Plc, the Company has completed the disposal of the the Group's Elective Care and Corporate Wellbeing subsidiaries, and the business and assets of the Urgent Care division to PHL Group. This transaction sees the continued and uninterrupted provision of all services previously delivered by the Group.

Founded in 2009, PHL Group is led by an experienced team of clinicians and healthcare leaders, and operates a wide range of services across the UK and internationally, including Integrated Urgent Care, Urgent Treatment Centres, Surgical Insourcing, Custody Healthcare, ADHD services and General Practice. PHL Group will make separate announcements shortly, including communication with the customers, suppliers and employees of the Elective Care and Urgent Care divisions, and the corporate wellbeing business, which are all continuing to provide all services as normal following the transaction.

Following the appointment of Administrators, the Company reconfirms that the Strategic Review is not expected to result in any returns to shareholders of Totally.

For further information please contact:

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