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FINSBURY GROWTH & INCOME TRUST PLC
(the "Company")

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MARKET PURCHASE OF COMPANY'S OWN SHARES

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The Company announces that it has today purchased 157,000 of its own shares ("Ordinary Shares") at a price of 925.68 pence per Ordinary Share. Such shares will be held in treasury by the Company.

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Following this transaction, the total number of Ordinary Shares held by the Company in treasury is 84,777,441; the total number of Ordinary Shares that the Company has in issue, less the total number of Ordinary Shares held by the Company in treasury following such purchase, and therefore, the total number of voting rights in the Company is 140,213,862.

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The figure of 140,213,862 may be used by shareholders as the denominator for calculations of interests in the Company's voting rights in accordance with the FCA's Disclosure Guidance and Transparency Rules.

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For and on behalf of
Frostrow Capital LLP
Company Secretary

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For further information, please contact:

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