

Notification and public disclosure of transactions by persons discharging managerial responsibilities and persons closely associated with them

1	Details of the person discharging managerial responsibilities / person closely associated					
a)	Name	Seema Paterson				
2	Reason for the notification					
a)	Position/status	Non-executive Director				
b)	Initial notification /Amendment	Initial notification				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	CQS Natural Resources Growth and Income PLC				
b)	LEI	549300ES8CNIK2CQR054				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	Ordinary shares of £0.25 GB0000353929				
b)	Nature of the transaction	Disposal of shares (sale of shares for transfer to another account)				
c)	Price(s) and volume(s)	<table border="1"> <tr> <td>Price(s)</td> <td>Volume(s)</td> </tr> <tr> <td>214.51 pence per share</td> <td>5,000</td> </tr> </table>	Price(s)	Volume(s)	214.51 pence per share	5,000
Price(s)	Volume(s)					
214.51 pence per share	5,000					
d)	Aggregated information - Aggregated volume - Price	5,000 Ordinary shares of £0.25 214.51 pence per share				
e)	Date of the transaction	31 July 2025				
f)	Place of the transaction	London Stock Exchange (XLON)				

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1	Details of the person discharging managerial responsibilities / person closely associated					
a)	Name	Seema Paterson				
2	Reason for the notification					
a)	Position/status	Non-executive Director				
b)	Initial notification /Amendment	Initial notification				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	CQS Natural Resources Growth and Income PLC				
b)	LEI	549300ES8CNIK2CQR054				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument Identification code	Ordinary shares of £0.25 GB0000353929				
b)	Nature of the transaction	Acquisition of shares (repurchase of shares to transfer account)				
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th>Price(s)</th><th>Volume(s)</th></tr> </thead> <tbody> <tr> <td>215.01 pence per share</td><td>5,000</td></tr> </tbody> </table>	Price(s)	Volume(s)	215.01 pence per share	5,000
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215.01 pence per share	5,000					
d)	Aggregated information - Aggregated volume - Price	5,000 Ordinary shares of £0.25 215.01 pence per share				
e)	Date of the transaction	31 July 2025				
f)	Place of the transaction	London Stock Exchange (XLON)				

Name of authorised official of issuer responsible for making notification:

Tasmin Arthurton, for and on behalf of Frostrow Capital LLP
Company Secretary to CQS Natural Resources Growth and Income PLC

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