Cambridge Nutritional Sciences plc

(the 'Company' or 'CNS')

Grant of Options

CNS (AIM: CNSL), the specialist medical diagnostics company focused on promoting a personalised and functional approach to health and nutrition, announces that on 21 August 2025 the Board granted share options (the "**Options**") over its ordinary shares of 4 pence each ("**Ordinary Shares**") to Ajay Patel, Chief Financial Officer and Executive Director of the Company.

Following this grant of Options, the Company has in issue options over 20,273,843 Ordinary Shares, representing approximately 8.5 per cent. of the Company's total issued share capital. This is a reduction from the year end figure due to over 6 million share options having lapsed in that time.

Director	Number of Options granted	Exercise Price	Total options held post issue
Ajay Patel	1,200,000	4p	1,200,000

Grant of Options

The Options are subject to time conditions (as set out below); good/bad leaver provisions; and to Ajay remaining a director of the Company on the date of the Options vesting.

Options are subject to time conditions as follows:

Proportion of Options	Normal earliest exercise date
34 per cent. ("Tranche One")	On the second anniversary of 21 August 2025
33 per cent. ("Tranche Two")	On the third anniversary of 21 August 2025
33 per cent. ("Tranche Three")	On the fourth anniversary of 21 August 2025

For further information, please contact:

Cambridge Nutritional Sciences Plc

James Cooper, Chief Executive Officer

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Cavendish Capital Markets Limited (Nomad and Broker)

Geoff Nash / Edward Whiley (Corporate Finance)   Tel: 020 7220 0500

Nigel Birks / Harriet Ward (Sales and ECM)

About Cambridge Nutritional Sciences Plc

Cambridge Nutritional Sciences Plc (AIM: CNSL) is the specialist medical diagnostics company focused on promoting a personalised and functional approach to health and nutrition.

Notification and public disclosure of transactions by persons discharging managerial responsibilities and persons closely associated with them

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	Ajay Patel
2.	**Reason for the notification**	
a)	Position/status	Chief Financial Officer, Executive Director
b)	Initial notification/ Amendment	Initial Notification

	Amendment		
3.	**Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor**		
a)	Name	Cambridge Nutritional Sciences plc	
b)	LEI	2138007U9P4BTZTYIR92	
4.	**Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted**		
a)	Description of the financial instrument	Options over Ordinary Shares of 4p each	
	Identification code	ISIN: GB00B1VCP282	
b)	Nature of the transaction	Grant of Options	
c)	Price(s) and volume(s)	Price(s) / 4p exercise price	Volume(s) / 1,200,000
d)	Aggregated information - Aggregated volume - Price	As above	
e)	Date of the transactions	21 August 2025	
f)	Place of the transactions	Outside a trading venue	

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