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FINSBURY GROWTH & INCOME TRUST PLC
(the "Company")

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MARKET PURCHASE OF COMPANY'S OWN SHARES

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The Company announces that it has today purchased 136,366 of its own shares ("Ordinary Shares") at a price of 892.28 pence per Ordinary Share. Such shares will be held in treasury by the Company.

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Following this transaction, the total number of Ordinary Shares held by the Company in treasury is 88,570,914; the total number of Ordinary Shares that the Company has in issue, less the total number of Ordinary Shares held by the Company in treasury following such purchase, and therefore, the total number of voting rights in the Company is 136,420,389.

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The figure of 136,420,389 may be used by shareholders as the denominator for calculations of interests in the Company's voting rights in accordance with the FCA's Disclosure Guidance and Transparency Rules.

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For and on behalf of

Frostrow Capital LLP

Company Secretary

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For further information, please contact:

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