

8 October 2025

Applied Nutrition plc
(the "Group")

Notice of Results and Presentations

Applied Nutrition plc, a leading sports nutrition, health and wellness brand, confirms that, further to the announcement on 19 August, it will announce its Full Year Results for financial year ending 31 July 2025 on 10 November 2025.

Analyst Presentation

Thomas Ryder, CEO, Steven Granite, COO and Joe Pollard, CFO, will host a virtual presentation and Q&A session for analysts at 09.00 GMT on Monday, 10 November 2025.

To register, please email appliednutrition@almastrategic.com

Retail Investor Presentation

Management will also host a virtual presentation and Q&A session for retail investors at 15.00 GMT on Monday, 10 November 2025.

To register to attend, please use the following link: <https://engageinvestor.com/event/68d2b74841d8c34b7a2b34da>

For further information please contact:

Applied Nutrition plc

Via Alma

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Notes to editors

Applied Nutrition plc (LSE: APN) is a leading sports nutrition, health and wellness brand, which formulates and creates nutrition products with a stated aim of being the world's most trusted and innovative brand in the market.

Headquartered in the UK, the Group sells products in over 85 countries worldwide and has a diverse product range, targeting elite athletes, gym goers and health-conscious consumers. Applied Nutrition has developed and launched four ranges under the umbrella of the Applied Nutrition brand - Applied Nutrition, ABE, BodyFuel, and Endurance. Across the four ranges, the Group sells over 100 different products.

Applied Nutrition's growth is fuelled by a market-leading product portfolio, created and largely manufactured in-house at its Knowsley, Liverpool headquarters by a team of industry experts. This end-to-end capability allows the Group to innovate at speed, refresh and enhance existing products and introduce new offerings that anticipate and respond to the latest consumer trends.

Applied Nutrition largely operates a global business-to-business (B2B) model, which has facilitated a low risk, highly cost-effective go-to-market strategy and has enabled strong, profitable growth in the UK, Europe and other international geographies. The business model and strategy has enabled the Group to become a fast-growing, highly profitable and cash generative global supplier in the sports nutrition, health and wellness market.

For further information, please visit www.appliednutritionplc.com

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