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PULSAR HELIUM ANNOUNCES STOCK OPTION EXERCISE AND TVR

Pulsar Helium Inc. (AIM: PLSR, TSXV: PLSR, OTCQB: PSRHF) ("Pulsar" or the "Company"), notes on October 10, 2025, 100,000 stock options, issued pursuant to the Company's shareholder and TSX Venture Exchange approved Stock Option Plan, were exercised at an exercise price of CAD 0.45, and generated cash proceeds for the Company of CAD 45,000.

Admission to AIM and Total Voting Rights

Application is being made to the London Stock Exchange plc for the admission of the 100,000 Common Shares issued pursuant to abovementioned stock option exercise, to be admitted to trading on AIM, which is expected to occur and dealings commence at 8.00 a.m. on or around October 16, 2025. The new Common Shares will rank pari passu with the Company's existing Common Shares.

On Admission, the total number of Common Shares in issue will be 150,570,809 with voting rights. This figure may be used by shareholders as the denominator for the calculations by which they will determine if they are required to notify their interest in, or a change to their interest in, the Company's issued share capital pursuant to the Company's Articles.

Caution to US Investors

The securities described herein have not been and will not be registered under the United States Securities Act of 1933, as amended (the "U.S. Securities Act"), or any United States state securities laws, and may not be offered or sold in the United States or to, or for the account or benefit of, United States persons absent registration or any available exemption from the registration requirements of the U.S. Securities Act and applicable United States state securities laws. This press release does not constitute an offer to sell or a solicitation of an offer to buy nor shall there be any sale of the securities in any jurisdiction in which such offer, solicitation or sale would be unlawful.

On behalf Pulsar Helium Inc.

"Thomas Abraham-James"

President, CEO and Director

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About Pulsar Helium Inc.

Pulsar Helium Inc. is a publicly traded company quoted on the AIM market of the London Stock Exchange and listed on the TSX Venture Exchange with the ticker PLSR, as well as on the OTCQCB with the ticker PSRHF. Pulsar's portfolio consists of its flagship Topaz helium project in Minnesota, USA, and the Tunu helium project in Greenland (the "Tunu Project"). Pulsar is the first mover in both locations with primary helium occurrences not associated with the production of hydrocarbons identified at each.

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