BLOCK-LISTING INTERIM REVIEW

Date: 28 November 2025

Name of applicant:		Tullow Oil plc		
Name of scheme:		Tullow Oil Employee Share Award Plan ('ESAP') Tullow Oil Tullow Incentive Plan ('TIP')		
Period of return:	From:	1 June 2025	To:	28 November 2025
Balance of unallotted securities under scheme(s) from previous return:		1) 5,616,141- ESAP 2) 5,642,394 - TIP		
Plus: The amount by which the block scheme(s) has been increased since the date of the last return (if any increase has been applied for):		1) 10,000,000 - ESAP 2) 8,000,000 - TIP		
Less: Number of securities issued/allotted under scheme(s) during period (see LR3.5.7G):		1) 3,256,576 - ESAP 2) 2,001,179 - TIP		
Equals: Balance under scheme(s) not yet issued/allotted at end of period:		1) 12,359,565 - ESAP 2) 11,641,215 - TIP		

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