

16 January 2026

**J Sainsbury plc**  
(the 'Company')

**Notification of transactions by Persons Discharging Managerial Responsibilities ('PDMRs')**

The Company was notified that, on 15 January 2026, the following PDMR acquired ordinary shares of 28<sup>4/7</sup> pence each in the Company ('Shares') through participation in the Company's Share Incentive Plan (also known as SSPP). The Shares were purchased at £3.124 each.

PDMR	Number of Shares acquired under the SSPP
Mark Given	44

The Notification of Dealing Form can be found below.

This notification is made in accordance with the requirements of the UK Market Abuse Regulation.

For further information, please contact:

Karen Garrod  
Company Secretarial Assistant  
020 7695 0269

**Notification of dealing form**

<b>1</b>	<b>Details of the person discharging managerial responsibilities / person closely associated</b>	
a)	Name	Mark Given
<b>2</b>	<b>Reason for the notification</b>	
a)	Position/status	Chief Technology, Marketing and Data Officer
b)	Initial notification /Amendment	Initial notification
<b>3</b>	<b>Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor</b>	
a)	Name	J Sainsbury plc
b)	LEI	213800VGZAAJIKJ9Y484
<b>4</b>	<b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>	
a)	Description of the financial instrument, type of instrument	Ordinary shares of 28 <sup>4/7</sup> pence each
	Identification code	ISIN: GB00B019KW72
b)	Nature of the transaction	Purchase of Shares under the J Sainsbury plc Share Incentive Plan
c)	Price(s) and volume(s)	Price(s)
		£3.124
d)	Aggregated information	Aggregated price
		Aggregated volume

	Aggregated information	Aggregated price	Aggregated volume
		£137.46	44
e)	Date of the transaction	15 January 2026	
f)	Place of the transaction	London Stock Exchange (XLON)	

This information is provided by RNS, the news service of the London Stock Exchange. RNS is approved by the Financial Conduct Authority to act as a Primary Information Provider in the United Kingdom. Terms and conditions relating to the use and distribution of this information may apply. For further information, please contact [rns@lseg.com](mailto:rns@lseg.com) or visit [www.rns.com](http://www.rns.com).

RNS may use your IP address to confirm compliance with the terms and conditions, to analyse how you engage with the information contained in this communication, and to share such analysis on an anonymised basis with others as part of our commercial services. For further information about how RNS and the London Stock Exchange use the personal data you provide us, please see our [Privacy Policy](#).

END

DSHAKABKQBKDCCDD