

## BLOCK LISTING SIX MONTHLY RETURN

Date: 19 January 2026

Name of applicant:	J Sainsbury plc		
Name of scheme:	Sharesave Plan (Savings-Related Share Option Scheme)		
Period of return:	From:	1 August 2025	To: 16 January 2026
Balance of unallotted securities under scheme(s) from previous return:	13,721,339		
<u>Plus:</u> The amount by which the block scheme(s) has been increased since the date of the last return (if any increase has been applied for):	0		
<u>Less:</u> Number of securities issued/allotted under scheme(s) during period (see LR3.5.7G):	1,085,894		
<u>Equals:</u> Balance under scheme(s) not yet issued/allotted at end of period:	12,635,445		

Name of applicant:	J Sainsbury plc		
Name of scheme:	Long Term Incentive Plan		
Period of return:	From:	1 August 2025	To: 16 January 2026
Balance of unallotted securities under scheme(s) from previous return:	1,970,834		
<u>Plus:</u> The amount by which the block scheme(s) has been increased since the date of the last return (if any increase has been applied for):	0		
<u>Less:</u> Number of securities issued/allotted under scheme(s) during period (see LR3.5.7G):	0		
<u>Equals:</u> Balance under scheme(s) not yet issued/allotted at end of period:	1,970,834		

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