

BLOCK LISTING SIX MONTHLY RETURN

Date: 19 January 2026

Name of <i>applicant</i> :		J Sainsbury plc			
Name of scheme:		Sharesave Plan (Savings-Related Share Option Scheme)			
Period of return:	From:	1 August 2025	To:	16 January 2026	
Balance of unallotted securities under scheme(s) from previous return:		13,721,339			
Plus: The amount by which the block scheme(s) has been increased since the date of the last return (if any increase has been applied for):		0			
Less: Number of <i>securities</i> issued/allotted under scheme(s) during period (see LR3.5.7G):		1,085,894			
Equals: Balance under scheme(s) not yet issued/allotted at end of period:		12,635,445			

Name of <i>applicant</i> :		J Sainsbury plc			
Name of scheme:		Long Term Incentive Plan			
Period of return:	From:	1 August 2025	To:	16 January 2026	
Balance of unallotted securities under scheme(s) from previous return:		1,970,834			
Plus: The amount by which the block scheme(s) has been increased since the date of the last return (if any increase has been applied for):		0			
Less: Number of <i>securities</i> issued/allotted under scheme(s) during period (see LR3.5.7G):		0			
Equals: Balance under scheme(s) not yet issued/allotted at end of period:		1,970,834			

Name of contact:		Helen Porter			
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