

2 February 2026

Kooth plc

("Kooth" or the "Group" or the "Company")

Transfer of Treasury Shares, Exercise of Options & Total Voting Rights

Kooth, a leading provider of digital mental health services, announces that it has on 30 January 2026 transferred 1,251 ordinary shares of 5 pence each (the "Ordinary Shares") from its treasury account in order to satisfy share options exercised by former employees within the terms of the Company's Long Term Incentive Plan.

Following the exercise of share options, the Company's issued ordinary share capital consists of 36,694,683 Ordinary Shares, of which a total of 661,278 Ordinary Shares are held in treasury. Therefore, the total number of Ordinary Shares with voting rights in the Company is 36,033,405.

The above figure of 36,033,405 may be used by shareholders as the denominator for the calculations by which they will determine if they are required to notify their interest in, or a change to their interest in, the Company under the FCA's Disclosure Guidance and Transparency Rules.

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About Kooth plc:

Kooth (AIM:KOO) is a global leader in digital mental and behavioural health, providing safe, effective care to over 18 million people across the UK and US. For more than 20 years, Kooth has pioneered scalable solutions that deliver immediate, direct, universal access to mental health support.

Our platforms - Kooth, Qwell, and Soluna - combine self-guided tools, safe peer communities, and professional therapeutic support, all clinically robust and independently accredited. Kooth holds URAC accreditation in the US and is the longest standing digital mental health provider to hold UK-wide accreditation from the British Association of Counselling and Psychotherapy (BACP), validating our commitment to quality, safety, and accountability across both markets.

Independent evaluations demonstrate a more than £3 in-year return for every £1 invested, with measurable reductions in emergency visits and improved clinical outcomes. Kooth is the largest single access provider for mental health support for under-18s in England according to NHS England data for 2024/25. In California, our Soluna platform is the first statewide digital behavioural health solution designed for all youth ages 13-25.

The Company is executing on its strategic vision through expanded reach across a diversified customer base, while seeking opportunities to enhance and extend the service offer through acquisition, partnership, and product capabilities supported by responsible AI principles.

For more information, <https://connect.kooth.com>.

information, please contact rns@seg.com or visit www.rns.com.

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