

2 February 2026

VENTURE LIFE GROUP PLC
("Venture Life", "VLG" or the "Company")

Total Voting Rights

In accordance with the FCA's Disclosure Guidance and Transparency Rule 5.6.1, the Company announces that on 31 January 2026 it had the following ordinary shares of 0.3 pence each in the capital of the Company:

Total Issued Share Capital	128,812,145
Shares held in Treasury	4,372,800
Total Voting Rights	124,439,345

Each Ordinary Share in issue carries one vote while Ordinary Shares held in Treasury have no voting rights.

Accordingly, the total number of voting rights above may be used by shareholders as the denominator for the calculation by which they will determine if they are required to notify their interest in, or a change to their interest in, the share capital of the Company under the FCA's Disclosure and Transparency Rules.

For further information, please contact:

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About Venture Life (www.venture-life.com)

Venture Life is an international consumer self-care company focused on commercialising products for the global self-care market. Headquartered in the UK, the Group's product portfolio includes Balance Activ in the area of women's intimate healthcare, Earol® supporting ENT care, Lift and Glucogel product ranges for energy and glucose management and hypoglycaemia, plus the Health & Her product range supporting the hormonal lifecycle.

The products, which are typically recommended by pharmacists or healthcare practitioners, are available primarily through health & beauty stores, pharmacies, grocery multiples and e-commerce channels and are sold globally. In the UK, Ireland and the USA these are supplied direct by the company to retailers, elsewhere they are supplied by the Group's international distribution partners.

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