



One Health Group plc
("One Health", the "Company" or the "Group")

CEO share purchase

One Health Group plc (AIM: OHGR), the independent provider of NHS-funded surgical procedures for patients referred from the NHS through 'Patient Choice', announces that on 10 February 2026, Adam Binns, Chief Executive Officer, purchased 2,229 ordinary shares of 0.5 pence each in the Company ("**Ordinary Shares**") at a price of 224 pence per Ordinary Share.

Consequently, Mr Binns' total beneficial interest in the Company is now 12,229 Ordinary Shares, representing approximately 0.1% of the Company's issued share capital.

If you wish to keep up to date on Company news please email: onehealth@walbrookpr.com

For more information, please contact:

One Health Group plc
Derek Bickerstaff, Chairman
Adam Binns, CEO

www.onehealth.co.uk/investors
Via Walbrook PR

Panmure Liberum (Nominated Adviser and Broker)
Emma Earl, Will Goode, Mark Rogers
Rupert Dearden

Tel: +44 (0)20 3100 2000

Walbrook PR (Media & Investor Relations)
Alice Woodings / Paul McManus /
Rachel Broad

Tel: +44 (0)20 7933 8780 or onehealth@walbrookpr.com
Mob: +44 (0)7407 804 654 / +44 (0)7980 541 893 /
+44 (0)7747 515 393



About One Health Group plc (www.onehealth.co.uk)

One Health engages 80 NHS Consultants (excluding anaesthetists) who sub-specialise in the various surgeries offered by the Company, through a growing network of community-based outreach clinics and surgical operating locations. One Health continues to deliver strong growth and, in the year, to March 2025 provided much needed care to 17,020 new patients, through over 42,000 consultations and over 7,000 surgical procedures. One Health deploys surgeons and anaesthetists that are mostly employed by the NHS, on a subcontracted basis. It currently works with over 100 professionals across 9 independent hospitals and 37 outreach clinics. Within these community-based outreach clinics all consultations and post operative physiotherapy is delivered where required, reducing patient inconvenience and excess travel.

One Health's activities are focused on areas where NHS patient needs are under-supplied by the local NHS service, population density is relatively high and the level of private medical insurance or the ability to self-fund is relatively low. Currently, the Company's activities are focused in Yorkshire, Lincolnshire, Derbyshire, Nottinghamshire and Leicestershire. Revenue is derived from over 60 NHS commissioning bodies in addition to contracts with local NHS Hospital Trusts to transfer their internal waiting list patients to One Health for quicker treatment.

One Health's business model has focused to date on four main areas: orthopaedics, spine, general surgery and gynaecology, with urology introduced at the end of FY25.

Spine and orthopaedics are particularly attractive areas for One Health as the Directors believe that they benefit from powerful growth drivers in terms of an ageing demographic, physical inactivity and an increasing proportion of the population being categorised as obese. Within orthopaedics, the most common surgeries performed by One Health are knee and hip replacements.

Online investor presentation

Click below for the latest online presentation by Derek Bickerstaff, Chairman and Adam Binns, Chief Executive Officer, which offers insights into the Company's growth strategy and long-term vision:

<https://sparklive.lseg.com/ONEHEALTHGROUP/events/3c988809-19ad-454c-af31-cfe86bfe7da5/one-health-group-half-year-results-announcement>

NOTIFICATION AND PUBLIC DISCLOSURE OF TRANSACTIONS BY PERSONS DISCHARGING MANAGERIAL RESPONSIBILITIES AND PERSONS CLOSELY ASSOCIATED WITH THEM

1	Details of the person discharging managerial responsibilities / person closely associated		
a)	Name	Adam Binns	
2	Reason for the notification		
a)	Position/status	Chief Executive Officer	
b)	Initial notification/Amendment	Initial Notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	One Health Group plc	
b)	LEI	984500DC689F5BAD8732	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument	Ordinary Shares of 0.5 pence each	
	Identification code	GB00BNNT0595	
b)	Nature of the transaction	Purchase of Ordinary Shares	
c)	Price(s) and volumes(s)	Price(s)	Volume(s)
		224 pence	2,229
d)	Aggregated information		
	Aggregated volume	2,229	
	Price	224 pence	
e)	Date of the transaction	10 February 2026	
f)	Place of the transaction	London Stock Exchange	

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